

SVCR GOVT. DEGREE COLLEGE PALAMANER



YEAR ACTIVITIES 2019-20

S.NO	DATE	NAME OF THE ACTIVITY
1.	21-06-2019	International Yoga Day
2.	09-07-2019	Vanam-Manam Programme
3.	18-07-2019	Swachh Bharath Programme in the Adopted Village: B.JarravariPalli
4.	23-07-2019	Swachha Kalasa: Campus Cleaning Programme
5.	25-07-2019	600 Saplings Transportation from the Forest Department to Nursery
6.	26-07-2019& 27-07-2019	Vanam-Manam: Massive Saplings Plantation Programme
7.	05-08-2019	NSS Orientation Programme

8.	15-08-2019	Independence Day
9.	24-08-2019	Vanam-Manam Programme
10.	05-09-2019	Teachers day
11.	16-09-2019	World Ozone Day
12.	19-09-2019	Swachha Kalasa: Campus Cleaning Programme
13.	20-09-2019	College Level Drawing Competition on "Environmental Pollution and Control Measures"
14.	24-09-2019	NSS Day
15.	30-09-2019	Poshan Abhiyaan: Healthy Food-Healthy Life
16.	03-10-2019to 05-10-2019	Celebrations of the 150 th Birth Anniversary of Mahatma Gandhiji
17.	31-10-2019	National Unity Day
18.	01-12-2019	World AIDS Day
19.	26-12-2019	Solar Eclipse
20.	26-12-2019	Swacchata Hi Seva
21.	27-12-2019	Work Shop on Tobacco Control (Pledge for Life)
22.	03-01-2020	Anti Tobacco Pledge

23.	24-01-2020& 25-01-2020	National Voter's Day Programme
24.	24-01-2020to 30-01-2020	Volunteer Participated in National Integration Camp
25.	26-01-2020	Republic Day
26.	12-02-2020	Distribution of Homeopathic Preventive Medicines for COVID-2020
27.	15-02-2020	Swachha Kalasa :Campus Cleaning Programme
28.	10-03-2020	Blood Grouping Programme

SVCR GOVT DEGREE COLLEGE PALAMANER



**INTERNATIONAL
DAY OF YOGA**

**21 June
2019**



PROGRAM NAME	: INTERNATIONAL YOGA DAY
PROGRAM DATE	: 21-06-2019
TIME	: 10:00 AM
VENUE	: COLLEGE CAMPUS
RESOURCE PERSON	: Smt. VANI, YOGA MASTER, Chittoor



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade

Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 04/06/2018

CIRCULAR

This is to inform all the students and the staff tomorrow (05.06.2018) our college is going to conduct "World Environment Day" celebrations. This year, India is the global host of 2018 World Environment Day. With "Beat Plastic Pollution" as the theme for this year's edition, the world is coming together to combat single-use plastic pollution. Hence, all the staff has to attend along with their students to create awareness for the protection of the environment.

PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

To learn Yoga asanas.

To practice yoga in daily life.

REPORT OF THE PROGRAMME:

The NSS Unit of the college celebrated International Day of Yoga in the college on 21st June, 2019 to raise awareness among the staff and students about the many benefits of practicing Yoga. Smt. Vani, Yoga Master, Yoga Association Secretary, Chittoor handled the training session and addressed the students that Yoga is an ancient physical, mental and spiritual practice that originated in India. She said that the word „yoga“ symbolize the union of body and consciousness. She explained and created awareness on Yoga and its benefits. She emphasized that Yoga postures, Pranayama and Meditation are a holistic fitness package which improves health, and physical strength hand gives mental strength. He was given training on different Yoga Asanas, Pranayamam and Meditation which aims at developing mental and physical fitness and relieving from stress through regular practice. The Principal, Staff, NSS volunteers and students Village have been actively practiced different Yoga asanas, Pranayamam and Meditation.

OUTCOMES:

1. The students practiced yoga and learn it well.
2. The students can practice it every day.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



International Yoga Day

Date: 21-06-2019

S.No	Name of the Student	Signature of the Student
01	S. PRAVEEN KUMAR	S. Praveen Kumar
02	B. P. BHAVITESH	Bhavitesh. Bip
03	N. TIRUMALESH	N. Tirumalesh
04	G. GANESH	G. Ganesh.
05	D. S. BHARGAV	D.s Bhargav
06	V. LAKSHMAN KUMAR	V. Lakshman Kumar
07	R. PAVANKALYAN	R. Pavankalyan
08	M. Lavanya	M. Lavanya.
09	P. Sreenivasulu	P. Sreenivasulu
10	M. Rajasekhar	M. Rajasekhar
11	K. Uday Kiran	K. Uday Kiran
12	R. Thulasi ram	R. Thulasi ram
13	B. SHUBHASTI	B. Shubhasti
14	V. vimal	V. Vimal.
15	R. Gayathri	R. Gayathri
16	G. Vasu	G. Vasu
17	H. Sarabaram	H. Sarabaram
18	M. pawan Nayak	M. pawan Nayak

FEED BACK:

Feed Back On International Yoga Day 21-06-2019

International yoga day

The theme for international yoga day in 2022, is yoga for humanity, which is intended bringing to light the physical, mental and emotional state of people.

Recognizing its universal appeal on 11-Dec-2014, the United Nations proclaimed 21 June as the international day of yoga by resolution 69/131. The international day aims to raise awareness world wide of the many benefits of practicing yoga 21-Jun-2022.

He is seen as one of the most important gurus of modern yoga, and is often called "the father of modern yoga" for his wide influence on the development of postural yoga.

The global movement of the world yoga day was founded on June 21, 1987 in Tirupunithura, Kerala India by Guru Dilleepi

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	VANAM MANAM PROGRAMME
PROGRAM DATE	:	09-07-2019
TIME	:	10:00 AM

VENUE	: COLLEGE CAMPUS
RESOURCE PERSON	: Sri Chandra Mohan S.I., Palamaner



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE


Re-accredited by NAAC with 'B' Grade
Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 08/07/2019

CIRCULAR

This is to inform that as per the instructions of Govt. of Andhra Pradesh, Vanam - Manam programme is conducted in college campus on 09/07/2019. In this connection, as a part of the green drive, saplings will be planted to keep environment green. All the students and staff are directed to attend this massive tree plantation programme.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To Nurture plants with care.
2. To take care of the plants that are planted.

REPORT OF THE PROGRAMME:

NSS Unit of the college organized Vanam Manam-Sapling Plantation Programme in the College campus on 9th July 2019. The plantation programme is inaugurated by our Principal Dr. P. Babu and Sri Chandra Mohan, S.I, Palamaner. Principal appealed to adopt at least two saplings per volunteer. The NSS Programme officer, teaching & non-teaching staff, SHE team Police, Palamaner, NSS volunteers and students have actively participated in the programme and a total of 52 saplings of different varieties have been planted near to the bore-well of the college.

OUTCOMES:

1. Green campus is initiated.

2.

The plants are taken care by the students.

FEED BACK:

Feed Back On Vanam-Manam Programme
09-07-2019

CHITTOOR :- The district forest officials on "saturday" organised awareness programmes on the importance of afforestation schemes at all government schools in the importance of afforestation district which saw the participation of hundreds of students.

The ofo said that in order to sustain the spirit of dedication among the students towards the afforestation schemes, the forest officials at the field level were constantly in touch with teachers and mandal-level officers, holding quiz, elocution and painting competitions in schools and giving away prizes at the weekly celebration of the vanam-manam programme.

The forest department has planned to involve about 4 lakh students in the district in the coming days, during our campaigns, we have found that of nature " the official said

PHOTOS



ఈనాడు చిత్తూరు

బుధవారం 10 జూలై 2019

పచ్చదనమే పర్యావరణానికి మేలు చేస్తుంది

పలమనేరు, న్యూస్టుడే: పచ్చదనమే పర్యావరణానికి మేలు చేస్తుందని ప్రభుత్వ డిగ్రీ కళాశాల ప్రిన్సిపల్ డాక్టర్ బాబు తెలిపారు. మంగళవారం కళాశాల ఆవరణలో విద్యార్థులు, ఎన్ఎస్ఎస్ వాలంటీర్లు 'వనం-మనం' కార్యక్రమాన్ని నిర్వహించారు. ఈ సందర్భంగా ఎన్ఎస్ఎస్ వాలంటీర్లు కళాశాల ఆవరణలో అల్లనేరేడు, వేప, కానుగ, టేకు మొక్కలను నాటారు. ఈ సందర్భంగా ఆయన మాట్లాడుతూ ప్రతి మొక్క కూడా పర్యావరణంతో పాటు ప్రజలకు కూడా మేలు చేస్తుందని అన్నారు. ప్రతి ఒక్కరూ తమ

బాధ్యతగా ఒక మొక్కను నాటి పెద్ద చేయాలని ఆయన సూచించారు. విద్యార్థులు, అధ్యాపకులతో పాటు పట్టణ మహిళా పోలీసు స్టేషన్ పోలీసులు కూడా కార్యక్రమంలో పాల్గొన్నారు.



మొక్కలు నాటుతున్న విద్యార్థులు



చిత్తూరు బుధవారం 10, జూలై 2019

మొక్కల పెంపకంపై అవగాహన తప్పనిసరి



పలమనేరు రూరల్, జూలై 9, ప్రభాతవార్త: మొక్కలపై ప్రతి ఒక్కరికీ అవగాహన తప్పనిసరిని ప్రభుత్వ డిగ్రీ కళాశాల ప్రిన్సిపల్ డా.బాబు తెలిపారు. స్థానిక కళాశాలలో మంగళవారం ఎన్ఎస్ఎస్ విద్యార్థుల ఆధ్వర్యంలో వనం-మనం కార్యక్రమం నిర్వహించారు. ఈ సందర్భంగా ఆయన మాట్లాడుతూ నేటి పరిస్థితులలో ప్రతి ఒక్కరూ మొక్కల పెంపకం చేపట్టాలని సూచించారు. మొక్కల పెంపకంతోనే పర్యావరణ పరిరక్షణ సాధ్యమని తెలిపారు. ఈ సందర్భంగా పలు ప్రాంతాలలో అల్లనేరేడు, వేప, కానుగ, టేకు తదితర మొక్కలను నాటారు. ఈ కార్యక్రమంలో ఎస్ఐ చంద్రమోహన్, ఎన్ఎస్ఎస్ ఎస్ ప్రోగ్రాం ఆఫీసర్ భానుప్రసాద్ తదితరులు పాల్గొన్నారు.

SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	SWACHH BHARAT IN THE ADOPTED VILLAGE: B JARRAVARI PALLI
PROGRAM DATE	:	18-07-2019
TIME	:	10:00 AM

VENUE

: B. JARRAVARI PALLI

RESOURCE PERSON

: Sri. GUNASEKHAR REDDY, HM





OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade

Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 17/07/2019

CIRCULAR

This is to inform that Swachh Bharath Programme will be conducted in B. Jarravari Palli Village on 18 July 2019. Hence, all the interested students and NSS volunteers are instructed to actively participate in this programme. Contact Dr.G.Chinna Reddy, Lecturer in Chemistry for more information.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To learn doing seva to all the people.
2. To extend services to the villages.

REPORT OF THE PROGRAMME:

NSS Volunteers Organized Swachh Bharath Prgoramme in B. Jarravari Palli Village.NSS Volunteers explained the importance of Personal hygiene to the M.P.P school students. Weeds & plastic waste were removed, few saplings were planted, and watered the other plants in the school premises with help of school children. Pits were made by NSS volunteers to develop garden near the entrance gate of the school. Dr. G. ChinnaReddy-Lecturer in chemistry, Sri Gunasekhar Reddy - H.M have actively involved in the activity.

OUTCOMES:

1. The village is made clean.
2. The plastic is removed from the village.

SIGNATURE OF THE STUDENTS:

**SVCR GOVT. DEGREE COLLEGE
PALAMANER**



Swatch Barth Programme in the adopted
village: B.JarravariPalli

Date: 18-07-2019

S.No	Name of the Student	Signature of the Student
01	M. Lavanya	M. Lavanya
02	S. Saffian	S. Saffian
03	T. Santhosh	T. Santhosh
04	D. Jeevitha	D. Jeevitha
05	P. Hari babu	P. Hari babu
06	M. Kiran kumar	M. Kiran kumar
07	T. Jagapathi	T. jagapathi
08	B. Hemanth kumar	B. Hemanth kumar
09	T. Sreenivasulu	T. Sreenivasulu
10	M. Rajasekhar	M. Rajasekhar
11	B. Venkatesh	B. Venkatesh
12	R. pawan kalyan	R pawan kalyan
13	P. Aswini	P. Aswini
14	R. Bhargavi	R. Bhargavi
15	M. Gurumurthi	M. Gurumurthi
16	T. Hareesh	T. Hareesh
17	M. Nivaraaj	M. Nivaraaj
18	P. Sivaji	P. Sivaji

FEED BACK:

Feed Back On Swatch Barath Programme in the adopted
village: B.JarravariPalli
18-07-2019

"A clean India would be the best tribute India could pay to "mahatma -Gandhi" on his 150 birth anniversary in 2019". said shri Narendra modi as he launched the Swatch Barath mission at Rajpath in New Delhi, on 2nd October 2014 Swatch Barath mission was launched throughout length and breadth of the country as a national movement, the campaign aims to achieve the vision of a "clean India" by 2nd October -2019.

- i) The Swatch Barath Abhiyan is the most significant cleanliness campaign by Govt of India.
- ii) Shri Narendra Modi led a cleaning pledge at India Gate.
- iii) which about thirty lakh government employees across the country joined.
- iv) He also flagged off a walkathon at Rajpath and surprised people by joining in not just for token few steps, but marching with the participant for a long way.

PHOTOS



పచ్చదనంపై పాఠశాల విద్యార్థులకు అవగాహన



పాదులు తీస్తున్న ఎన్నెస్సెస్ వాలంటీర్లు

పలమనేరు, న్యూస్టుడే: 'పచ్చదనం -పరిసరాలు' అనే అంశంపై పట్టణంలోని ప్రభుత్వ డిగ్రీ కళాశాల ఎన్నెస్సెస్ వాలంటీర్లు బండమీదజరావారిపల్లె ప్రభుత్వ ప్రాథమిక పాఠశాల విద్యార్థులకు అవగాహన కల్పించారు. 'స్వచ్ఛభారత్ ఇంటర్నెషిప్' అనే కార్యక్రమంలో భాగంగా గంగవరం మండలం బండమీద జరావారిపల్లెలో స్వచ్ఛభారత్ కార్యక్రమాన్ని నిర్వహించారు. ఈ సంద

ర్భంగా వాలంటీర్లు పాఠశాల ఆవరణలో మొక్కలు నాటారు. వాటికి పాదులు తీశారు. పరిసరాల్లో చెత్తాచెదారాలు లేకుండా శుభ్రం చేశారు. పాఠశాల విద్యార్థులకు పరిసరాలు శుభ్రంగా ఉంటే ఎలాంటి మేలు జరుగుతుందో తెలిపారు. ఈ కార్యక్రమంలో ఎన్నెస్సెస్ ప్రోగ్రాం అధికారి భానుప్రకాష్, కళాశాల అధ్యాపకులు చిన్నారెడ్డి, పాఠశాల ప్రధానోపాధ్యాయుడు గుణశేఖరరెడ్డి పాల్గొన్నారు.

దత్తత గ్రామంలో ఎన్ఎస్ఎస్ సేవలు



మొక్కలు నాటుతున్న ఎన్ఎస్ఎస్ వలంటీర్లు

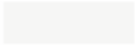
వలమనేరు: పట్టణంలోని శ్రీవరచెన్నారెడ్డి ప్రభుత్వ డిగ్రీ కళాశాల ఎన్ఎస్ఎస్ విభాగం వలంటీర్లు తమ దత్తత గ్రామమైన బండమీద జరావారిపల్లి గ్రామంలో పలు సేవా కార్యక్రమాలను గురువారం నిర్వహించారు. ఈ సందర్భంగా ఆ గ్రామంలో యూపీ స్కూల్ వద్ద పారిశుద్ధ్య పనులు చేపట్టి ఆవరణలో మొక్కలు నాటారు. పచ్చదనం, పరిశుభ్రతపై గ్రామస్తులకు అవగాహన కల్పించారు.

SVCR GOVT DEGREE COLLEGE PALAMANER

PROGRAM NAME	:	SWACHH KALASALA : CAMPUS CLEANING PROGRAMME
PROGRAM DATE	:	23-07-2019
TIME	:	04:00 PM
VENUE	:	COLLEGE CAMPUS

RESOURCE PERSON

: DR. P. BABU, PRINCIPAL



एक कदम स्वच्छता की ओर



SWACHH
BHARAT
ABHIYAN



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade


Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 22/07/2019

CIRCULAR

This is to inform that Swachh Kalasala Programme will be conducted in college campus on 23 July 2019. Hence, all the interested students and NSS volunteers are instructed to actively participate in this programme.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To clean the college.
2. To make campus good in ambience.

REPORT OF THE PROGRAMME:

NSS Volunteers involved in the Swachha Kalasala-Campus Cleaning Programme. They removed the weeds and plastic waste in the garden area of the college campus.

OUTCOMES:

1. The students enjoyed cleaning the college.
2. The college became foliage free.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



Swachha Kalasa: campus cleaning
programme

Date: 23-07-2019

S.No	Name of the Student	Signature of the Student
1	T. Srinu Vasulu	T. srinuvasulu.
2	S. Suffian	S. suffian
3	R. pavan kalyan.	R. Pavan kalyan
4	R. Thulasi Ram.	R. Thulasi Ram
5	T. Santhosh	T. Santhosh
6	M. guru murthy	M. guru murthy
7	T. Hari Babu	T. hari babu
8	K. uday kiran	K. uday kiran
9	P. Jeevitha	P. jeevitha
10	P. shubhashree	P. shubhashree
11	T. Jagapathi	T. jagapathi
12	P. Sivaji	P. sivaji
13	V. Vimal	V. vimala.
14	R. Bhargavi	R. Bhargavi
15	R. gayathri	R. gayathri
16	V. Hemanth Kumar.	V. Hemanth Kumar.
17	T. Harish.	T. Harish

FEED BACK:

Feed Back On Swachha Kalasa: campus cleaning
programme
23-07-2019

Campus Cleaning

Maintaining a clean college environment sets a good example to students. It encourages learners to take pride in their university or college, which makes them less likely to drop litter and as such they will potentially make a bigger effort to maintain their environment.

In our college campus is ~~to see~~ is very clean. Every day we clean our campus that time sir's and madam's also helps to us. Every week we plant a trees on our campus. We like to spend time on our campus. Because our campus attracts we.

Cleaning campus advantage is it reduces the chances of hazards and emergencies. Regularly cleaning and maintaining a ~~our~~ college campus it keeps everything in order. Cleanliness boosts mental health and keeps the mind fresh and studing.

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	600 SAPLINGS TRANSPORTATION FROM THE FOREST DEPARTMENT NURSERY
PROGRAM DATE	:	25-07-2019
TIME	:	10:00 AM
VENUE	:	FOREST DEPARTMENT NURSERY
RESOURCE PERSON	:	DR. P. BABU, PRINCIPAL



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade


Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 23/07/2019

CIRCULAR

This is to inform that 600 saplings are to be transported from the Forest department nursery to our college campus on 25 July 2019. Hence, all the interested students and NSS volunteers are instructed to actively participate in this programme.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To learn the methods of taking care of the plants.
2. To make students partners in making the campus green.

REPORT OF THE PROGRAMME:

NSS Volunteers of the college actively involved in transporting 600 Saplings of different varieties from Forest department Nursery, to the college campus. The saplings were kept in order based on their variety.

OUTCOMES:

1. The students took care of the saplings.
2. The students learnt to bifurcate the saplings.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



600 SAPLINGS TRANSPORTATION FROM THE FOREST
DEPARTMENT TO NURSERY

Date: 25-07-2019

S.No	Name of the Student	Signature of the Student
1.	M. Gurumurthi	M. Gurumurthi
2.	P. Srinu vasulu	P. Srinu vasulu
3.	P. Jeevitha	P. Jeevitha
4.	S. Suffian	S. Suffian
5.	T. Harish	T. Harish
6.	T. Haribabu	T. Haribabu
7.	V. Vankatesh	V. Vankatesh
8.	V. Hemanth Kumar	V. Hemanth Kumar
9.	P. Ashwini	P. Ashwini
10.	M. Raja shaker	M. Raja shaker
11.	M. Kiran Kumar	M. Kiran Kumar
12.	K. Uday Kiran	K. Uday Kiran
13.	P. S. Senthosh	P. S. Senthosh
14.	M. Devaraj	M. Devaraj
15.	T. Jagapathi	T. Jagapathi
16.	P. Sivaji	P. Sivaji
17.	R. Pavan Kalyan	R. Pavan Kalyan

FEED BACK:

Feed Back On 600 SAPLINGS TRANSPORTATION FROM THE FOREST DEPARTMENT TO NURSERY

25-07-2019

On national Voters day is

* Nurseries:-

-Andhra Pradesh forest department plants to raise about 10 Crore seedlings every year mostly under mahatma Gandhi National Rural Employment Guarantee scheme (MGNREGS). Quality of seedlings plays a very important role in successful plant-
the green cover

Seedlings of fruit, fodder, shade bearing and timber yielding species like Neredu, Chintu, Ravi, masri, Icanuga, vepa, Tealc, Red Sanders, Casurina, Bamboo etc. are raised in forest-
department nurseries.

About 100 variety of native species are raised in the departmental nurseries.

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	VANAM MANAM - MASSIVE SAPLINGS PLANTATION PROGRAMME
PROGRAM DATE	:	26 & 27-07-2019
TIME	:	10:00 AM
VENUE	:	COLLEGE CAMPUS

RESOURCE PERSON : DR. P. BABU, PRINCIPAL



**DEGREE
COLLEGE**
Re-accredited



with 'B' Grade




by NAAC

Dated: 25/07/2019

CIRCULAR

This is to inform that NSS Units 1 & 2 of our college is organizing a "Massive Saplings Plantation Programme" in the college on 26th and 27th July, 2019. A total of 180 saplings will be planted in our college campus. Hence, all the interested students and NSS volunteers are instructed to actively participate in this programme.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To nurture the plants.
2. To make the campus green and clean.

REPORT OF THE PROGRAMME:

Massive Sapling Plantation Programme was organized by the NSS Unit of the college on 26 & 27th July 2019. Through this programme a total of 180 saplings of different varieties like Gulmohar, Bamboo, Alla neredu, Teak, Neem, Pongamia, Pippala, Badam, Gangireni etc. have been planted in the premissis of college. Dr. P. Babu-Principal, P. Bhanuprakash-NSS Programme officer, teaching & non-teaching staff, NSS volunteers and students have actively involved in the programme.

OUTCOMES:

1.

Saplings were distributed by the students.

2.

The planted saplings were taken care by the

students.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



Vanam-Manam :Massive saplings plantation
programme

Date: 26-07-2019&27-07-2019

S.No	Name of the Student	Signature of the Student
1	B. Jeejithi	B. Jeejithi
2	Harish	Harish
3	T.Srinivasulu	T. Srinivasulu
4	S. Shenkaraj	S. Shenkaraj
5	Kiran Kumar	Kiran Kumar
6	R. Pavan	R. Pavan
7	T. Sonthosh	T. Sonthosh
8	P. Aswini	P. Aswini
9	T. Harish	T. Jagapathi
10	T. Jagapathi	T. Jagapathi
11	S. Lava Kumar	S. Lava Kumar
12	P. Sivaji	P. Sivaji
13	P. Sandeep	P. Sandeep
14	S. Yust	S. Yust
15	R. Pavan Kalyan	R. Pavan Kalyan
16	M. Kiran Kumar	M. Kiran Kumar
17	T. Chandana	T. Chandana
18	S. Suffian	S. Suffian

FEED BACK:

Feed Back On Vanam-Manam : Massive saplings plantation programme

26-07-2019&27-07-2019

Introduction :-

The government Andrapradhesh has started a project called a vanam-manam. This program's goal was to expand the states green cover by at least 50% which is a positive step forward in the state's growth as well as helping increasing greenery, which will help to decrease pollution and address other natural resource issues in cities.

The green cover in Andrapradhesh is now about 26%, although it is being worked on to increase by 2029. Minister Nara Chandrababu naidu sir the chief minister of Andrapradhesh stated that about 1 crore saplings will be planted on July 29th, and he also requested that about 5 lakh residents participate in this program so that they can assist us in transforming Andrapradhesh into a Haritha Andhra Pradesh with plenty of greenery & trees.

* There is nothing more rejuvenating than a stroll on a road lined by trees on both sides.

PHOTOS



సాక్షి

చిత్తూరు | శనివారం |
జూలై | 27 | 2019



మొక్కలు నాటుతున్న వలంటీర్లు

డిగ్రీ కళాశాలలో వనం- మనం

పలమనేరు: పట్టణంలోని ప్రభుత్వ డిగ్రీ కళాశాలలో శుక్రవారం ఎన్ఎస్ఎస్ ఆధ్వర్యంలో వనం- మనం కార్యక్రమం నిర్వహించారు. ఇందులో భాగంగా మొక్కలు నాటారు. ప్రోగ్రాం కోఆర్డినేటర్ భానుప్రకాష్, ఎన్ఎస్ఎస్ వలంటీర్లు, అధ్యాపకులు పాల్గొన్నారు.

ప్రజాశక్తి

పలమనేరు

శనివారం 27 జూలై 2019

మొక్కలు పెంచి పరిరక్షిద్దాం



చెట్లు నాటుతున్న విద్యార్థులు

ప్రజాశక్తి-పలమనేరు: ఎన్ఎస్ఎస్ విభాగం ఆధ్వర్యంలో ఎస్విసిఆర్ ప్రభుత్వ డిగ్రీ కళాశాల ఆవరణలో వనం-మనం కార్యక్రమాన్ని శుక్రవారం చేపట్టారు. ప్రతిఒక్కరూ మొక్కలు నాటి పర్యావరణ పరిరక్షణకు కృషి చేయాలని కళాశాల ప్రధానాచార్యులు డాక్టర్ పి.బాబు తెలియజేశారు. పచ్చని మొక్కలు మనసుకు ఆనందాన్ని కలిగించి, మానసిక ఒత్తిడి నుంచి ఉపశమనాన్ని కలిగిస్తాయని తెలిపారు. కళాశాల ఆవరణలో ఎన్ఎస్ఎస్ వాలంటీర్లు వివిధ రకాల మొక్కలను నాటి, పాదులు చేసినీరు పోశారు. విద్యార్థులు తమ పుట్టినరోజునాడు మొక్కలు నాటి భావితరాల వారికి మంచి వాతావరణాన్ని అందించాలని ఎన్ఎస్ఎస్ ప్రోగ్రాం అధికారి పి.భానుప్రకాష్ తెలియజేశారు. ఈ కార్యక్రమంలో డాక్టర్ చిన్నారెడ్డి, విజయశేఖరం, విద్యార్థులు పాల్గొన్నారు.

డిగ్రీ కళాశాలలో వనం- మనం



**మొక్క నాటుతున్న ఎన్ఎస్ఎస్
వలంటీర్లు, అధ్యాపకులు**

పలమనేరు: పట్టణంలోని ప్రభుత్వ డిగ్రీ కళాశాలలో శనివారం ఎన్ఎస్ఎస్ ఆధ్వర్యంలో వనం- మనంలో భాగంగా మొక్కలు నాటి కార్యక్రమం జరిగింది. ప్రతివిద్యార్థి ఓ మొక్కను నాటి దాని సంరక్షణ బాధ్యతను తీసుకున్నారు. విద్యార్థుల వారి గ్రామాల్లోనూ మొక్కలను పెంచి పర్యావరణాన్ని పరిరక్షించాలని ప్రోగ్రాం కో- ఆర్డినేటర్లు చంద్రా నాయుడు, భానుప్రకాష్ తెలిపారు. మొక్కలు నాటేందుకు ఇప్పుడు వాతావరణం అనుకూలంగా ఉందని కళాశాల వైఎస్ ప్రిన్సిపల్ విజయశేఖరం సూచించారు. ఎన్ఎస్ఎస్ వాలంటీర్లు, అధ్యాపకులు పాల్గొన్నారు.

మొక్కలు నాటి సంరక్షించాలి

పలమనేరు, జూలై 27 : ప్రతి విద్యార్థి కళాశాల ఆవరణలో ఒక మొక్కను నాటి సంరక్షించాలని పలమనేరు ప్రభుత్వ డిగ్రీ కళాశాల ప్రెసిపాల్ బాబు పిలుపునిచ్చారు. శనివారం కళాశాల ఆవరణలో ఎన్ఎస్ఎస్ వలంటీర్లచే మొక్కలు నాటించారు. ఈ సందర్భంగా ప్రెసిపాల్ మాట్లాడుతూ కళాశాలలో డిగ్రీ పూర్తయ్యే లోపు ప్రతి విద్యార్థి కనీసం ఒక్క మొక్కనైనా నాటి సంరక్షించి పెంపు చేయాలని పిలుపునిచ్చారు. ఎన్ఎస్ఎస్ వలంటీర్లు కళాశాల ఆవరణలో వివిధ రకాల మొక్కలు నాటి పాదులు చేసి నీరు పోశారు. ఎన్ఎస్ఎస్ ప్రోగ్రామ్ ఆఫీసర్ భానుప్రకాష్, చంద్రానాయుడు మాట్లాడుతూ విద్యార్థులు తమ పుట్టిన రోజునాడు తప్పనిసరిగా మొక్కలు నాటి భావి తరాలకు ఆహ్లాదకరమైన వాతావరణాన్ని అందివ్వాలన్నారు. ఈ కార్యక్రమంలో



మొక్కలు నాటుతున్న ఎన్ఎస్ఎస్ వలంటీర్లు

మంలో అధ్యాపకులు డాక్టర్ శివశంకర్ రెడ్డి, లక్ష్మీప్రసన్నల త, విజయశేఖరం తదితరులు పాల్గొన్నారు.

SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	NSS ORIENTATION PROGRAMME
PROGRAM DATE	:	05-08-2019
TIME	:	10:00 AM

VENUE : **VIRTUAL CLASSROOM**

RESOURCE PERSON : **Dr. G.CHINNA REDDY**



Appat




NATIONAL SERVICE SCHEME
UNIT 1 & UNIT 2
SVCR GOVT. DEGREE COLLEGE
Re-accredited by NAAC with 'B' Grade



Dated: 04/08/2019

CIRCULAR

This is to inform that an orientation programme is organized for the benefit of all NSS volunteers of both NSS Unit-1 and Unit-2 on 05th August 2019 in the Seminar Hall from 10:00 am to 4:00 pm. All volunteers are requested to attend this mandatory orientation programme. Please bring one passport size photo of yourself.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To fill confidence and enthusiasm among the students.
2. To promote the culture of seva among the students.

REPORT OF THE PROGRAMME:

An Orientation Programme for NSS Volunteers has been organized on 05th August, 2019. Dr. G. Chinna Reddy, Lecturer in Chemistry congratulated the NSS volunteers for their zeal to serve the society through NSS and also emphasized on the personality development through NSS. Sri P. Bhanuprakash, Programme officer, NSS Unit, SVCR GDC given Power Point Presentation for all the new volunteers about the programme and activities to be carried out under the National Service Scheme for the academic year 2019-20. Later, NSS Volunteers involved in the Swachha Kalasala-Campus Cleaning Programme. They removed the weeds and plastic waste in the garden area of the college campus.

OUTCOMES:

1. The students are motivated to do service through NSS.
2. The students learnt the importance of serving for the poor and the needy.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



NSS orientation programme

Date: 05-08-2019

S.No	Name of the Student	Signature of the Student
1	T. Srinivasulu	T. Srinivasulu
2	R. Pavani	R. Pavani
3	S. Shenkar	S. Shenkar
4	B. Jeeritha	B. Jeeritha
5	R. Vinayaka	R. Vinayaka
6	R. Bhargavi	R. Bhargavi
7	S. Lava kumar	S. Lava kumar
8	T. Jagapathi babu	T. Jagapathi babu
9	T. Harish	T. Harish
10	M. Ramu	M. Ramu
11	S. Yusuf	S. Yusuf
12	M. Jagadeesh	M. Jagadeesh
13	V. Venkatesh	V. Venkatesh
14	T. Chandana	T. Chandana
15	P. Aswini	P. Aswini
16	P. Sandeep	P. Sandeep
17	M. Kiran kumar	M. Kiran kumar
18	M. Raj kumar	M. Raj kumar

18	H. Saravanan	H. Saravanan
19	y. Yusuf	y. Yusuf
20	M. Pavan Nayak.	M. Pavan Nayak.
21	V. Venkatesh.	K. Shiva Prasad V. Venkatesh
22	K. Shiva Prasad.	K. Shiva Prasad
23	M. Devaraj	M. Devaraj
24	P. Ashwini	P. Ashwini
25	P. Ranjith Kumar.	P. Ranjith Kumar.
26	M. Raja Shekhar	M. Raja Shekhar
27	M. Kiran Kumar.	M. Kiran Kumar.
28	G. Vasu	G. Vasu
29	S. Arshath Ali	S. Arshath Ali
30	P. Sandeep	P. Sandeep
31	P. Lakshman Kumar	P. Lakshman Kumar
32	V. Balu Prakash	V. Balu Prakash.
33	P. Munindhra.	P. Munindhra.
34	T. Raju	T. Raju
35	S. Lava Kumar	S. Lava Kumar
36	R. Pavani	R. Pavani
37	S. Shankar	S. Shankar
38	R. Vinayaka.	R. Vinayaka.
39	T. Jagapathi Babu	T. Jagapathi Babu
40	M. Ramu.	M. Ramu
41	M. Jagadheesh	M. Jagadheesh
42	P. Chandhana	P. Chandhana
43	M. Rajkumar.	M. Rajkumar

FEED BACK:

Feed Back On NSS Orientation Programme
05-08-2019

The orientation as a whole was very valuable in informing and giving an insight into expectations of my course. It is also let to me feeling much calmer approaching my first day, and allowed me to be a lot more familiar with where I had to be.

Thank you so much a great event. I was dreading the day thinking that I would be bored and just hear all of the things I had already read on the net. But I was pleasantly surprised I now feel ready to tackle this challenge ~~to~~ head on.

All activities and offered information sessions I was available to attend were very inspiring for me as I am of mature age and new to uni and this form of study.

Overall I found orientation quite helpful and would recommend all future students to attend.

PHOTOS



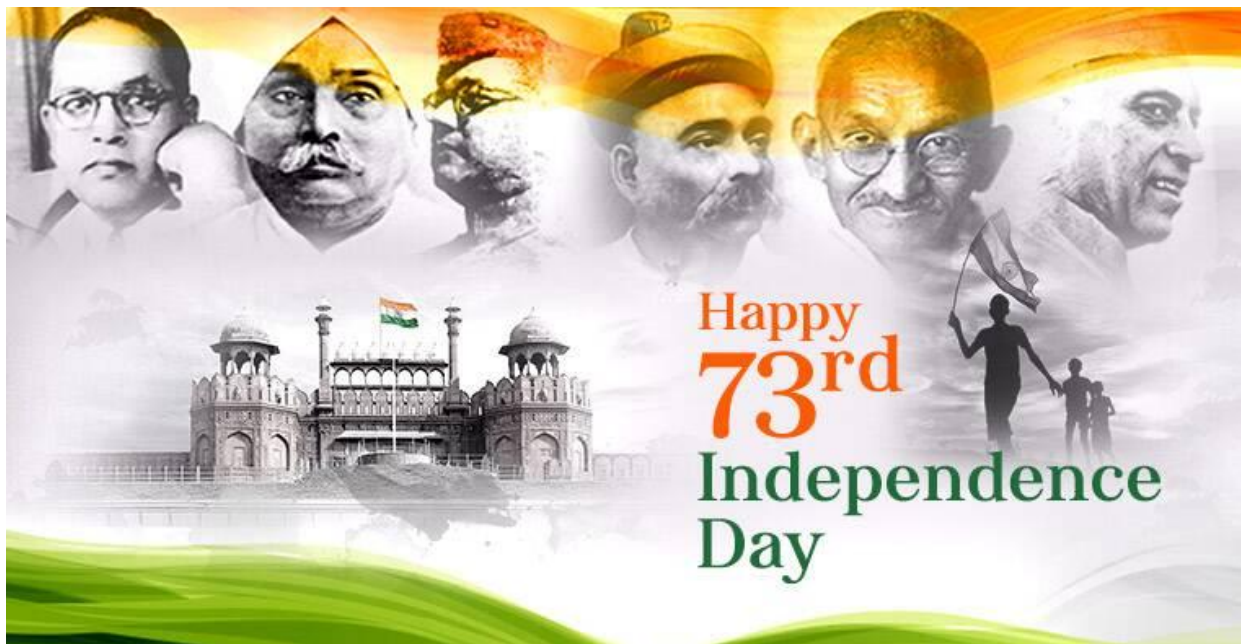
SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	INDEPENDENCE DAY
PROGRAM DATE	:	15-08-2019
TIME	:	09:00 AM
VENUE	:	COLLEGE CAMPUS

RESOURCE PERSON

: Dr. P.BABU, PRINCIPAL





OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade


Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 14/08/2019

CIRCULAR

All the Faculty members, Non-teaching staff and students are invited for the 'FLAG HOISTING CEREMONY' on the occasion of the Independence Day to be held on Wednesday, 15th August 2019 at 9.00 AM in the college premises.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To promote patriotism among the students.
2. To make students responsible citizens of India.

REPORT OF THE PROGRAMME:

During the celebration of 73rd Independence Day, Dr. P. Babu, Principal of the College unfurled the National Flag and addressed the gathering. He called the students to have such commitment for the cause. The Staff, NSS Volunteers, NCC Cadets and students participated in the celebration. The parade of NCC cadets with uniform was attractive. NSS volunteers sang patriotic songs portraying the richness of our country. They also gave speeches on the sacrifices of the great freedom fighters for the cause. The program concluded with the National Anthem. On this day, few saplings were planted by NSS volunteers and NCC Cadets.

OUTCOMES:

1. Patriotism is cultivated among the students.
2. The students get motivated.

SIGNATURE OF THE STUDENTS:

**SVCR GOVT. DEGREE COLLEGE
PALAMANER**



Independence Day

Date: 15-08-2019

S.No	Name of the Student	Signature of the Student
1	R. Babu	R. Babu
2	R. Bhargavi	R. Bhargavi
3	T. Sankosh	T. Sankosh
4	T. Jagathi	T. Jagathi
5	D. Srinivasulu	D. Srinivasulu
6	T. Sivaaji	T. Sivaaji
7	B. Jeevitha	B. Jeevitha
8	R. Parvathy	R. Parvathy
9	B. Venkatesh	B. Venkatesh
10	T. Harish	T. Harish
11	S. Sudhayan	S. Sudhayan
12	T. Hari Babu	T. Hari Babu
13	P. Ashwini	P. Ashwini
14	M. Biran Kumar	M. Biran Kumar
15	M. Raja Sekhar	M. Raja Sekhar
16	M. Guru Murthy	M. Guru Murthy
17	V. Hemant Kumar	V. Hemant Kumar
18	M. Deva Raju	M. Deva Raju

FEED BACK:

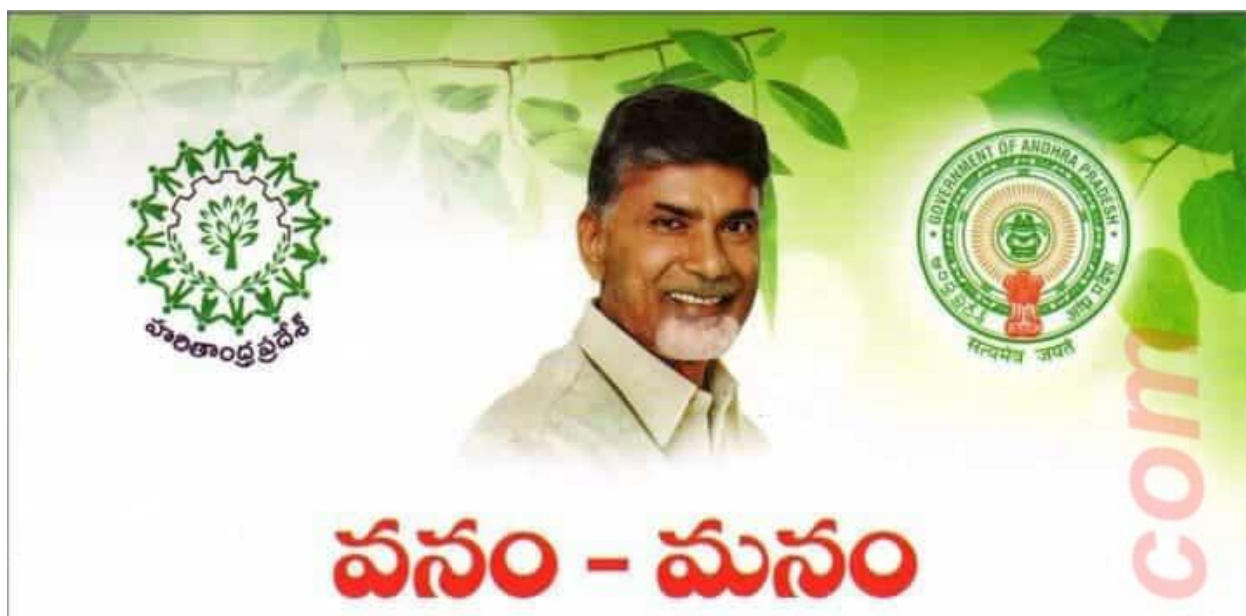
Feed Back On Independence Day 15-08-2019

- * Independence Day is celebrated on 15th August of every year.
- * It is a national day of for every Indian.
- * This day we remember the great struggle of freedom and freedom fighters.
- * People conduct the various cultural programs.
- * It is a very proud moment for the country.
- * We sing the national Anthem and we hoist the national flag on these day.
- * It keeps world informed about our achievements and goals and the rich history, heritages.
- * The British Government under the Labour Party finally agreed to transfer power but it was done to divided India on 15th August 1947.
- * We pay tribute to martyrs on this day.

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	: VANAM MANAM PROGRAMME
PROGRAM DATE	: 24-08-2019
TIME	: 10:00 AM
VENUE	: COLLEGE CAMPUS
RESOURCE PERSON	: Dr. P.BABU, PRINCIPAL



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade

Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 23/08/2019

CIRCULAR

This is to inform that as per the instructions of Govt. of Andhra Pradesh, Vanam - Manam programme is conducted in college campus on 23/08/2019. In this connection, as a part of the green drive, saplings will be planted to keep environment green. All the students and staff are directed to attend this massive tree plantation programme.

PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To Nurture the saplings.
2. To make campus clean and green.

REPORT OF THE PROGRAMME:

NSS Unit of the college organized Vanam Manam-Sapling Plantation Programme on 24th August 2019. Dr.P.Babu, Principal addressed the students that the survival of man-kind in nature is interlinked with the green plants. The NSS volunteers, and College staff together planted saplings like Badam, Allaneredu, Neem, Pongamia, Badam, Gangireni at different places near sports complex. We have watered all the planted saplings.

OUTCOMES:

1. The plants gave good look to the campus.
2. The students are motivated to nurture the plants.

SIGNATURE OF THE STUDENTS:

**SVCR GOVT. DEGREE COLLEGE
PALAMANER**



Vanam-Manam Programme

Date: 24-08-2019

S.No	Name of the Student	Signature of the Student
1	R. BABU	R. BABU
2	V. VIMAL	V. Vimal
3	P. HARI BABU	P. HARI BABU
4	K. UDAY KIRAN	Kuday Kiran
5	B. Jeevitha	B. Jeevitha
6	R. THULASTI RAM	R. Thulasi Ram
7	T. JAGADATH	T. Jagadathi
8	M. DEVARAJ	M. Devaraja
9	S. SUFFAN	S. Suffan
10	T. HARISH	T. Harish
11	V. HEMANTH KUMAR	V. Hemant Kumar
12	P. SIVAJI	P. Sivaji
13	M. RAJASEKHER	M. Rajasekhar
14	R. PAVAN KALYAN	R. Pavan Kalyan
15	P. ASWANI	P. Aswani
16	M. GURUMURTHY	M. Gurumurthy
17	T. SANTHOSH	T. Santhosh
18	R. SHUBHASHINI	R. Shubhashini

FEED BACK:

Feed Back On Vanam-Manam Programme 24-08-2019

Introduction:

The Andhra Pradesh govt has started a project called "vanam-manam." This program's goal was to expand the state's green cover by at least 50%, which is a positive step forward in the state's growth as well as increasing greenery, which will help to decrease pollution and address other natural resources issues in cities.

The Green cover in Andhra Pradesh is now about 26% although. It is being worked in to increase by 2019. Minister Nara Chandrababu Naidu, the Chief Minister of AP. started that about 1 crore saplings will be planted on July 29th, and he also requested that about 5 lakh residents participate in this program so that they can assist us in transforming Andhra Pradesh into a Haritha Andhra Pradesh with plenty of greenery and trees.

* "Clean City",

"clean India",

"Green world",

"go green",

PHOTOS

ఆంధ్రజ్యోతి

చిత్తూరు • ఆదివారం 25 ఆగస్టు 2019

www.andhrajyothy.com

చెట్లు ఉంటేనే మానవాళి మనుగడ



మొక్కలు నాటుతున్న ప్రిన్సిపాల్ బాబు తదితరులు

పలమనేరు, ఆగస్టు 24 : భూమిపై చెట్లువుంటేనే మానవాళి మనుగడ అని పలమనేరు డిగ్రీ కళాశాల ప్రిన్సిపాల్ బాబు పేర్కొన్నారు. శనివారం కళాశాలలో ఎన్ఎస్ఎస్ వలంటీర్లతో కలిసి వనం-మనం కార్యక్రమంలో భాగంగా మొక్కలు నాటే కార్యక్రమంలో ఆయన పాల్గొన్నారు. ఈ సందర్భంగా ఆయన మాట్లాడుతూ వాతావరణ కాలుష్యాన్ని నియంత్రించాలంటే ప్రతి ఒక్కరూ కనీసం ఒక మొక్కనైనా నాటి సంరక్షించాలన్నారు. అల్లనేరేడు, మద్ది, కానుగ మొక్కలు నాటారు. కార్యక్రమంలో ఎన్ఎస్ఎస్ ప్రోగ్రాం ఆఫీసర్లు చంద్రానాయుడు, భానుప్రకాష్, అధ్యాపకులు పాల్గొన్నారు.

సాక్షి

చిత్తూరు



మొక్క నాటుతున్న ఎస్ఎస్ఎస్ వలంటీర్లు

డిగ్రీ కళాశాలలో వనం- మనం

పలమనేరు: ప్రభుత్వ డిగ్రీ కళాశాలలో ఎస్ ఎస్ఎస్ ఆధ్వర్యంలో మొక్కలు నాటే కార్యక్రమం శనివారం జరిగింది. కళాశాల ప్రిన్సిపాల్ బాబు, ఎస్ఎస్ఎస్ కో-ఆర్డినేటర్లు చంద్రానాయుడు, భాను ప్రకాష్ పాల్గొన్నారు. అల్లనేరేడు, వేప, చింతం కానుగ మొక్కలను నాటారు.

ప్రభుత్వ డిగ్రీ కళాశాలలో వనం-మనం

పలమనేరు రూరల్, ఆగస్టు 24, ప్రభాతవార్త:

వట్టణంలోని ప్రభుత్వ డిగ్రీ కళాశాలలో ఎస్.ఎస్.ఎస్ విద్యార్థుల ఆధ్వర్యంలో వనం-మనం కార్యక్రమాన్ని శనివారం నిర్వహించారు. ఈ సందర్భంగా కళాశాల ప్రిన్సిపాల్ డా.బాబు ఆధ్వర్యంలో కళాశాల ఆవరణలో అల్లనేరేడు, వేప, కానుగ, చింత, మద్ది తదితర మొక్కలు నాటే కార్యక్రమం చేపట్టారు.



పర్యావరణ సమతుల్యానికి మొక్కలు నాటాలి

పలమనేరు, న్యూస్టుడే: పర్యావరణ సమతుల్యాన్ని కాపాడటానికి మొక్కలను విరివిగా నాటాలని పలమనేరు ప్రభుత్వ డిగ్రీ కళాశాల ప్రిన్సిపల్ బాబు అన్నారు. శనివారం కళాశాల ఆవరణలో వనం-మనం కార్యక్రమంలో భాగంగా ఎన్ఎస్ఎస్ విద్యార్థులు మొక్కలను నాటారు. ఈ కార్యక్రమంలో పాల్గొన్న ఆయన మాట్లాడుతూ.. ఇప్పుడున్న పరిస్థితిలో అందరు తలో మొక్కను నాటాల్సిన అవసరం ఏర్పడిందన్నారు. మొక్కలను నాటకుంటే రాబోయే కాలంలో పర్యావరణం దెబ్బతిని మనుషుల మనుగడకు ఇబ్బంది కలుగుతుందని చెప్పారు. కళాశాల ఆవరణలో అల్లనేరేడు, వేప, కానుగ, చింత, మద్ది రకాల మొక్కలను విద్యార్థులు నాటారు. కార్యక్రమంలో ఎన్ఎస్ఎస్ ప్రోగ్రాం అధికారులు చంద్రనాయుడు, భానుప్రకాష్ పాల్గొన్నారు.

SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	TEACHER'S DAY
PROGRAM DATE	:	05-09-2019
TIME	:	10:00 AM

VENUE	:	COLLEGE CAMPUS
RESOURCE PERSON	:	Dr. P.BABU, PRINCIPAL





OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade

Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 04/09/2019

CIRCULAR

In India, Teachers' day is celebrated on 5th September, the birthday of the former President Sarvepalli Radhakrishnan, a well-known scholar, teacher and promoter of education. On this special day, all the students are encouraged to celebrate the contribution of teachers in their lives and shaping up the society. 'Teachers' Day Function' will be celebrated at 11:00 AM at Room No:18. Hence, all the staff and students are kindly requested to attend the function

PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To Praise the teachings of Dr. Sarvepalli Radhakrishna.
2. To honour the teachers.

REPORT OF THE PROGRAMME:

Teacher's Day was celebrated on 05th September, 2019 in the College on the birth anniversary of the great Teacher, Philosopher and Statesman, Dr. Sarvepalli Radhakrishnan. NSS volunteers lead the celebrations with all the necessary arrangements. On this occasion, the floral tributes were paid to the portrait of Dr. Sarvepalli Radhakrishnan, by all the lecturers. The great qualities of Dr. Sarvepalli Radhakrishnan were remembered in the speeches of Pincipal, Vice-Principal and other lecturers. NSS volunteers in their speeches remembered the role of the teachers in the upliftment of their career.

OUTCOMES:

1. The students started to love the profession of teaching.
2. The students learned to honour their teachers.

FEED BACK:

PHOTOS

Feed Back On Teachers Day 05-09-2019

EVERY student has conduct the teachers day on 05-09-2019 every year. In that occasion we celebrate the Teachers day in our college. In that day we conduct a seminar. we invite our college principal and lecturers to the seminar. In that seminar they give valuable words to students. In that day we celebrate very grandly. In that function we gave the sweets to the teachers, they give the blessings to us.

SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	WORLD OZONE DAY
PROGRAM DATE	:	16-09-2019
TIME	:	10:00 AM
VENUE	:	VIRTUAL CLASSROOM
RESOURCE PERSON	:	DR. P.BHANU PRAKASH



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade

Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 15/09/2019

CIRCULAR

the college celebrates WORLD OZONE DAY on 16.09.2019 at Virtual Classroom, Room No 18.
All the staff and students are requested to attend this event.

PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To protect Ozone layer.
2. To make Nature perfect.

REPORT OF THE PROGRAMME:

The NSS unit organized World Ozone Day Celebration on 16th September, 2019 at Virtual Classroom Hall of the college with an objective to spread awareness among the young minds about the depletion of the Ozone layer and measures to be taken in protecting the ozone layer. Lt. T. Balaji, ANO, NCC explained the students about causes, mechanism, effects of ozone layer depletion. He also explained steps to be taken by every individual in protecting ozone layer. The students actively took part in the lecture session and made it a successful event.

OUTCOMES:

1. The students get awareness on protection of Ozone layer.
2. The students started to clean the ground and the surroundings.

SIGNATURE OF THE STUDENTS:

**SVCR GOVT. DEGREE COLLEGE
PALAMANER**



World Ozone Day

Date: 16-09-2019

S.No	Name of the Student	Signature of the Student
1.	T. RANJATH KUMAR	T. Ranjath kumar
2.	S. ATRATH ALI	S. ATRATH ALI
3.	D. SANDEEP	D. SANDEEP
4.	B. LAKSHMAN KUMAR	B. Lakshman kumar
5.	B. BHANU PRASAD	B. Bhanu kumar
6.	T. MUNIDRA	T. munidra
7.	T. RAJU	T. Raju
8.	S. IYAN KUMAR	S. Iyan kumar
9.	R. PAVANI	R. PAVANI
10.	S. SANKAR	S. Sankar
11.	R. VINAYAKA	R. Vinayak
12.	T. JAGGATHI BABU	T. Jagathi babu
13.	M. RAMU	M. Ramu
14.	M. JAGADEESH	M. Jagadeesh
15.	T. CHANADA	T. Chanada
16.	B. HEMANTH KUMAR	B. Hemant kumar
17.	T. HARISH	T. Harish
18.	V. GURUMURTHY	V. Gurumurthy

FEED BACK:

Feed Back On World Ozone Day 16-09-2019

Objective :- The world ozone day is 16-09-2019.

Theme :- But, as this year's world ozone day seeks to highlight, the day montreal Protocol does so much more - such as slowing climate change and helping to boost energy efficiency in the cooling sector, which contributes to food security. The theme for this is montreal Protocol - keeping us, our food and vaccines cool.

Ozone day importance :- world ozone day is observed on september 16 every year to spread awareness among people about the depletion of ozone layer and find possible solution to preserve it.

How can we protect the ozone layer

★ Avoid the consumption of gases dangerous to the ozone layer, due to their content of manufacturing process

★ minimize the use of cars.

★ By local products.

★ Do not use cleaning products that are harmful to the environment and to us

GO GREEN, GO GENIUS, STAMP THE CARBON, STAND TALL, AND STITCH THE OZONE LAYER.

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	SWACHH KALASALA - CAMPUS CLEANING PROGRAMME
PROGRAM DATE	:	19-09-2019
TIME	:	10:00 AM
VENUE	:	BA WING
RESOURCE PERSON	:	DR. P.BHANU PRAKASH



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade


Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 18/09/2019

CIRCULAR

Inspired by Bapu's vision, on 2 October 2014, the Indian government, under the leadership of Prime Minister Narendra Modi, made it a mission to make India clean by 2019 by eradicating open defecation, improving solid waste management, and making the citizens aware of the importance of cleanliness. In this connection, all the staff and students are requested to attend the SWACHH KALASALA program on 19.09.2019.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To clean the college.
2. To make the campus dust and foliage free.

REPORT OF THE PROGRAMME:

NSS Volunteers involved in the Swachha Bharath-Clean & Green Programme. They removed the weeds and plastic waste in the B.A. wing of the college campus. Later, they watered the plants.

OUTCOMES:

1. The campus was cleaned.
2. The students removed the dust and foliage under the trees.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



SwachhaKalasa: Campus Cleaning
Programme

Date: 19-09-2019

S.No	Name of the Student	Signature of the Student
1	A. Srinivasulu	A. Srinivasulu
2	R. Thulasi Ramu	R. Thulasi Ramu
3	T. Jagapathi	T. Jagapathi
4	T. Santhosh	T. Santhosh
5	T. Hari Babu	T. Hari Babu
6	BABU	Babu
7	V. Hemanth kumar	V. Hemanth kumar
8	P. sivaji	P. Sivaji
9	P. Aswini	P. Aswini
10	K. Uday kiran	K. Uday kiran
11	R. pawan kalyan	R. Pawan kalyan
12	B. jeevitha	B. Jeevitha
13	M. gurumurthy	M. Gurumurthy
14	M. kiran kumar	M. Kiran kumar
15	M. Raja sekhar	M. Raja sekhar
16	R. Bhargavi	R. Bhargavi
17	m. Deva raja	m. Deva raja
18	s. suffian	S. Suffian

FEED BACK:

**Feed Back On SwachhaKalasa: Campus Cleaning
Programme
19-09-2019**

My college has a beautiful ground and it's seen like beautiful and clean. In our college every week we conduct a the clean of our campus. In that occasion we invite our college principal to and lectures to initiate the program. And we also conduct a program of tree plantation in our college ground. We conduct a rally on clean our surroundings to public on the occasion of Swachha Bharat. Not only the Swachha Bharat, we conduct rallies regularly in our college surroundings. In my college there are National Service Schemes are available. Not only the NSS students, but also the every student will participate in the clean of our campus in every week.

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	Drawing Competition on "Environmental Pollution and Control Measures"
PROGRAM DATE	:	20-09-2019
TIME	:	02:00 PM
VENUE	:	VIRTUAL CLASSROOM
RESOURCE PERSON	:	DR. P. BABU, PRINCIPAL



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade


Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 18/09/2019

CIRCULAR

To bring awareness about the sources, harmful effects and control measures of different types of pollution a drawing/painting competition will be conducted in association with NCC unit of the college on 20 September, 2019 in the Virtual Class Room, Room No18. Interested students may contact Lt. T. Balaji, ANO, NCC.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To make students aware on the atmosphere.
2. To cultivate the habit of clean society.

REPORT OF THE PROGRAMME:

During the last few decades, anthropogenic activities like burning of fossil fuels, the building of industries, cutting of forests, etc. led to an increase in the concentration of greenhouse gases in the atmosphere leading to a gradual increase in average temperatures of the Earth's atmosphere and surface. To bring awareness about the sources, harmful effects and control measures of different types of pollution a drawing/painting competition was conducted in association with NCC unit of the college lead by Lt. T. Balaji, ANO, NCC. Dr. G. Sridevi-IQAC Coordinator, Smt. M. Sandhya Rani-Convenor, Women Empowerment Cell, E. Chandra Naidu & P.Bhanuprakash-NSS Program Officers acted as adjudicators for the event. Dr. P. Babu, Principal appreciated the students for their active participation and handed over prizes to the winners of the competition.

OUTCOMES:

1. The students presented posters on the matters.
2. The students are given encouraged to present the matter.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



College Level Drawing Competition
"Environmental Pollution and Control Measures"

Date: 20-09-2019

S.No	Name of the Student	Signature of the Student
①	H. Srikavan	H. Srikavan
②	B. Sreebathini	B. Sreebathini
③	R. Thulasi Ram	R. Thulasi Ram
4	P. Sreenivasulu	P. Sreenivasulu
5	R. Gayathri	R. Gayathri
6	P. Senthosh	P. Senthosh
7	G. Vasu	G. Vasu
8	K. Uday Kiran	K. Uday Kiran
9	B. Teeritha	B. Teeritha
10	T. Hari Babu	T. Hari Babu
11	M. Deevraj	M. Deevraj
12	T. Harish	T. Harish
13	M. Rajasekar	M. Rajasekar
14	V. Hemant Kumar	V. Hemant Kumar
15	T. Jagapathi	T. Jagapathi
16	R. Pavan Kalyan	R. Pavan Kalyan
17	M. Gurusu	M. Gurusu

FEED BACK:

Feed Back On College Level Drawing Competition
"Environmental Pollution and Control Measures"
20-09-2019

Environmental Pollution is one of the major Problems that we have been facing globally. To reduce our necessities is the biggest Concern as it accumulates pollution. Pollution has many forms, the water that we drink to the sound that we hear can be considered as some aspects that contribute to environmental pollution which would, in turn, lead to health hazards, adverse effect on ecosystem and wildlife. Pollution can be stated as the introduction of harmful substances or any foreign particles that would have a bad effect on the environment.

PHOTOS

SVCR GOVT DEGREE COLLEGE PALAMANER

PROGRAM NAME	:	NSS DAY
PROGRAM DATE	:	24-09-2019
TIME	:	10:00 AM
VENUE	:	COLLEGE CAMPUS

RESOURCE PERSON

: Sri P. Anand, Palamaner Parirakshana Samiti





OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade


Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 23/09/2019

CIRCULAR

Every year 24th September is celebrated as NSS Day with appropriate programs and activities. In this regard, the college celebrates NSS Day on 24th September 2018 at Virtual Class Room, Room No 18. All the staff and students are instructed to attend the celebrations.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To motivate the students to join NSS.
2. To learn the methods of Seva.

REPORT OF THE PROGRAMME:

NSS was formally launched on 24th September 1969, the birth centenary year of the Father of the Nation. 24th September is observed every year as NSS Day to sensitize youth of the nation about nation building competencies. NSS Day Golden Jubilee celebration was organized in the college and Dr. P. Babu, Principal of the college presided over the function. Sri. Anand, President, Palamaner Parirakshana Samithi acted as the Chief Guest. He appreciated the volunteers for taking up social service activities in the college and the adopted villages. He also encouraged the volunteers to take up more activities in the future. Sri. Yugandhar, General Secretary, Jana Vignana Vedika, Chittoor is the Guest of Honour for the function. He addressed the NSS volunteers that participation in NSS activities will help in the personality development. The NSS Program officers explained the aim and objectives of NSS. Elocution and essay writing competition held on the topic-"Role of NSS volunteer in nation building". Prizes were distributed to the winners by the Dignitaries involved in the celebration.

OUTCOMES:

1. The students get motivated to do seva.
2. The students are encouraged to do service to the needy.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



NSS Day

Date: 24-09-2019

S.No	Name of the Student	Signature of the Student
①	R. Babu	R. babu
②	G. Venkatesh	G. Venkatesh
③	P. Sivaji	P. Sivaji
④	R. Pawan kalyan	R. Pawan
⑤	D. Srinivasulu	D. Srinivasulu
⑥	R. Bhargavi	R. Bhargavi
⑦	P. Jeevitha	Jeevitha
⑧	T. Harish	Suffia
⑨	S. Suffia	S. Suffia
⑩	P. Ashwini	Ashwini
⑪	V. Santosh	Santosh
⑫	M. kisan kumar	kisan kumar
⑬	T. Jagapathi	Jagapathi
⑭	P. Hemanth kumar	Hemanth kumar
⑮	M. Raja sekar	Raja Sekhar
⑯	M. Gurumurthy	Gurumurthy
⑰	T. Hasi babu	hasi babu

FEED BACK:

PHOTOS

Feed Back On NSS Day 24-09-2019

On the occasion of National Service Scheme day on 24 Sep 2019, the NSS Unit I & II celebrated NSS day in the College. The Principal, NSS Programme officers, Vice-Principal and others participated and trees were planted in the College garden. We the NSS Volunteers organised the programme systematically and gave speeches on importance of providing services to the society.





సేవాభావంతో వ్యక్తిత్వ వికాసం

పలమనేరు : విద్యార్థులు సేవాభావాన్ని అలవరుచుకోవాలని ప్రభుత్వ డిగ్రీ కళాశాల ప్రిన్సిపాల్ బాబు సూచించారు. మంగళవారం కళాశాలలో ఎన్ఎస్ఎస్ సర్వోత్సవ వేడుకలు ఘనంగా జరిగాయి. ఆయన మాట్లాడుతూ దేశనిర్మాణంలో ఎన్ఎస్ఎస్ పాత్ర చాలా కీలకమైందన్నారు. సమాజ సేవద్వారా విద్యార్థుల్లో వ్యక్తిత్వ వికాసం పెంపొందుతుందని తెలిపారు. ఈ సందర్భంగా నిర్వహించిన వ్యాసరచన, వక్రత్వ పోటీల్లో విజేతలకు బహుమతులు, సర్టిఫికెట్లను పంపిణీ చేశారు. పలమనేరు పరిరక్షణ సమితి గౌరవాధ్యక్షుడు ఆనంద్, జేపీవీ నాయకులు యుగంధర్, ఎన్ఎస్ఎస్ ప్రోగ్రామ్ ఆఫీసర్లు చంద్రానాయుడు, భానుప్రకాష్, అధ్యాపకులు శ్రీదేవి, సంధ్యారాణి పాల్గొన్నారు.



డిగ్రీ కళాశాలలో జరిగిన పోటీల్లో

మాట్లాడుతున్న విద్యార్థిని

మంగళవారం ఎన్ఎస్ఎస్ సర్వోత్సవ వేడుకలు ఘనంగా జరిగాయి. ప్రిన్సిపాల్ మౌళా మాట్లాడుతూ విద్యార్థులు పాఠశాల స్థాయి నుంచే సేవా కార్యక్రమాల్లో పాల్గొనాలని తెలిపారు. బాలికల కళాశాల ప్రిన్సిపల్ మురళీధర్ మాట్లాడుతూ సేవాభావంతో ఉన్నత వ్యక్తిత్వం అలవ

ఘనంగా ఎన్.ఎస్.ఎస్ దినోత్సవం



పలమనేరు, సెప్టెంబర్ 24, ప్రభాతవార్త:

పలమనేరు ప్రభుత్వడిగ్రీ,జూనియర్ కళాశాలలో మంగళవారం ఘనంగా ఎన్ఎస్ఎస్ దినోత్సవ స్వర్ణోత్సవ వేడుకలను నిర్వహించారు. ఈ సందర్భంగా డిగ్రీ కళాశాల ప్రిన్సిపాల్ డా.బాబు మాట్లాడుతూ దేశ నిర్మాణంలో ఎన్ఎస్ఎస్ పాత్ర ఎంతో ప్రాముఖ్యమని తెలిపారు. వాలంటీర్లు దత్తత గ్రామాలలో చేపట్టిన సేవా కార్యక్రమాలను ప్రశంసించాలన్నారు. ఈ సందర్భంగా నిర్వహించిన వ్యాస రచనలో గెలుపొందిన విద్యార్థులకు బహుమతులను అందించారు. ఎన్ఎస్ఎస్ ప్రో గ్రాం అధికారులు భానుప్రకాష్, చంద్రానాయుడు, పలమనేరు పరిరక్షణ సమితి గౌరవఅధ్యక్షులు ఆనంద్,జనవిజ్ఞాన వేదిన సభ్యులు యుగంధర్ తదితరులు పాల్గొన్నారు. ఎన్ఎస్ఎస్ ప్రోగ్రాం అధికారి శ్రీధర్ ఆధ్వర్యంలో వాలంటీర్లకు ప్రశంసా పత్రాలను అందించారు.

సమాజ సేవలో ఎన్ఎస్ఎస్ పాత్ర కీలకం

వలమనేరు, నెప్టెంబరు 24 : సమాజసేవలో ఎన్ఎస్ఎస్ పాత్ర కీలకమని వలమనేరు డిగ్రీ కళాశాల ప్రిన్సిపాల్ డాక్టర్ బాబు పేర్కొన్నారు. పట్టణంలోని ప్రభుత్వ బాలుర, బాలికల జూనియర్ కళాశాలల్లో మంగళవారం ఎన్ఎస్ఎస్ దినోత్సవాన్ని ఘనంగా జరుపుకొన్నారు. డాక్టర్ బాబు మాట్లాడుతూ ఎన్ఎస్ఎస్ వలంటీర్లు దత్తత గ్రామాలలో చేపట్టిన సేవాకార్యక్రమాలను ప్రశంసించారు. వలమనేరు పరిరక్షణ సమితి అధ్యక్షుడు ఆనంద్ మాట్లాడుతూ విద్యార్థి దశ నుంచే సేవా దృక్పథాన్ని అలవర్చుకోవాలన్నారు. మరో అతిథి యుగంధర్ మాట్లాడుతూ సమాజసేవలో పాల్గొనుట ద్వారా వ్యక్తిత్వ వికాసం పెంపొందుతుందన్నారు. ఎన్ఎస్ఎస్ ప్రోగ్రాం ఆఫీసర్లు భానుప్రకాష్, చంద్రానాయుడు మాట్లాడుతూ ఎన్ఎస్ఎస్ ప్రాముఖ్యత, ఉద్దేశాలను, లక్ష్యాలను విధివిధానాల గురించి వివరించారు. విద్యార్థులు రక్తదానం చేసేలా ఎన్ఎస్ఎస్ వలంటీర్లు ఆవగాహన కల్పించాలని కోరారు. ఎన్ఎస్ఎస్ స్వల్పోత్సవాలలో భాగంగా నిర్వహించిన వ్యాసరచన, వక్రత్వ పోటీల్లో గెలుపొందిన విద్యార్థులకు బహుమతులను అందజేశారు. ఈ కార్యక్రమంలో అధ్యాపకులు శ్రీదేవి, బాలాజీ, చిన్నరెడ్డి, సూర్యశేఖర్ రెడ్డి, సంద్యారాణి పాల్గొన్నారు. అలాగే



విద్యార్థినికీ బహుమతి అందజేస్తున్న డిగ్రీ కళాశాల ప్రిన్సిపాల్ బాబు

జూనియర్ కళాశాలలో ఎన్ఎస్ఎస్ డేను ఘనంగా జరుపుకొన్నారు. ప్రిన్సిపాల్ సయ్యద్ మౌలా అధ్యక్షత వహించారు. బాలికల జూనియర్ కళాశాల ప్రిన్సిపాల్ మురళీధర్ మాట్లాడుతూ తల్లిదండ్రులు పిల్లలకు చేసే సేవలు విలువ కట్టలేనివని పేర్కొన్నారు. అనంతరం ఎన్ఎస్ఎస్ కార్యక్రమాల్లో పాల్గొన్న విద్యార్థులకు సర్టిఫికేట్లను అందజేశారు. ఈ కార్యక్రమంలో కళాశాల ఎన్ఎస్ఎస్ ప్రోగ్రాం ఆఫీసర్ శ్రీధర్ పాల్గొన్నారు.

రామకుప్పం : రామకుప్పం ప్రభుత్వ జూనియర్ కళాశాలలో మంగళవారం ఎన్ఎస్ఎస్ దినోత్సవాన్ని ఘనంగా నిర్వహించారు. ఈ సందర్భంగా పర్యాటకులు చేసిన సమావేశంలో ప్రిన్సిపాల్ బేబీశ్యారెడ్డి, ఎన్ఎస్ఎస్ అధికారి నీరజ మాట్లాడుతూ ఎన్ఎస్ఎస్ ఆవిర్భావం, దాని లక్ష్యం గూర్చి విద్యార్థులకు వివరించారు. ఈ సందర్భంగా ఎన్ఎస్ఎస్పై నిర్వహించిన వ్యాసరచన, వక్రత్వ పోటీల్లో గెలుపొందిన విద్యార్థులకు బహుమతులు అందజేశారు.

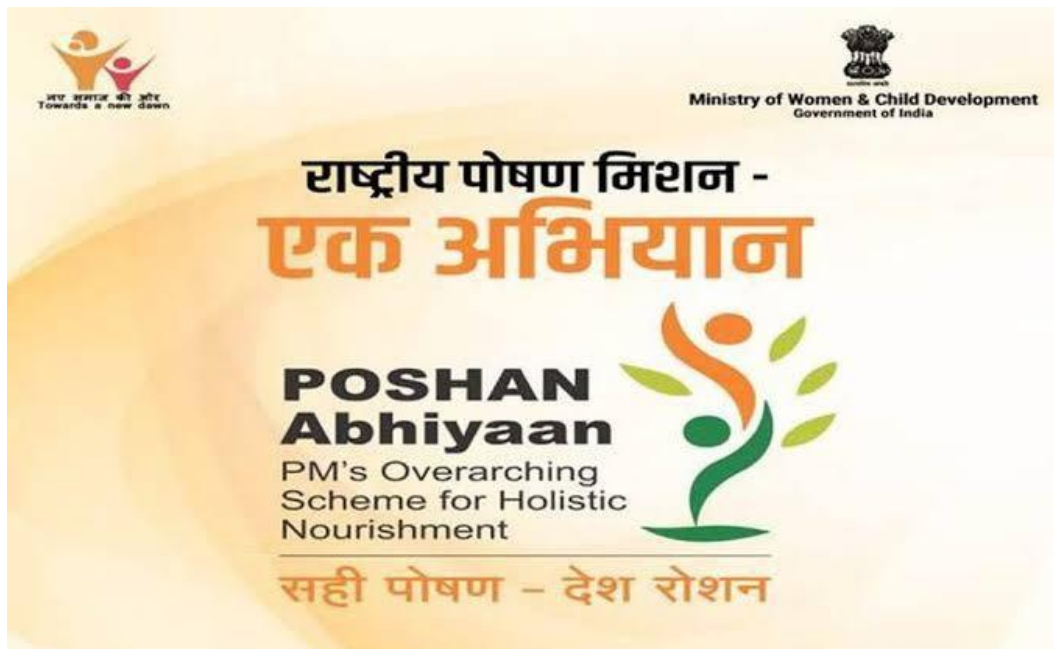
SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	POSHAN ABHIYAN : HEALTHY FOOD HEALTHY LIFE
PROGRAM DATE	:	30-09-2019
TIME	:	11:00 AM
VENUE	:	Virtual Classroom

RESOURCE PERSON

: Smt. Rajeswari, CDPO, ICDS Project





OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade

Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 28/09/2019

CIRCULAR

The importance of a balanced diet can't be emphasized enough for a healthy lifestyle. A healthy lifestyle can be attained by maintaining a balanced diet and keeping into consideration to meet all the essential nutrients required by the body. A proper meal plan helps to attain ideal body weight and reduce the risk of chronic diseases like diabetes, cardiovascular and other types of cancer. In this regard, NSS units of our college are organizing an awareness program on "Healthy Food-Healthy Life" at Virtual Classroom from 11:00 AM onwards on 30 September 2019. All the staff and students are advised to attend this programme.

PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To make students healthy.
2. To bring awareness on healthy food and healthy life.

REPORT OF THE PROGRAMME:

The NSS unit organized an awareness program on "Healthy Food-Healthy life" at Virtual Classroom Hall of the college. Smt. Rajeswari, CDPO, ICDS Project, Palamaner addressed the gathering and explained the importance of the Healthy Food and Healthy Lifestyle. She suggested limiting the consumption of non-vegetarian food. She also advised to include more fruits and vegetables in the regular diet, eat seasonal fruits, drink water at regular intervals and do regular physical activity to lead a healthy life. Smt. B. Lakshmi Prasanna Latha, Lecturer in Zoology, SVCR Govt. Degree College addressed the students that " Busy lifestyle makes one to slip into the habit of choosing unhealthy snacks and take-away foods or spending our free time watching TV or in front of the computer. These choices can be dangerous for the health in the long-term. Hence it is very important to follow a healthy lifestyle". Sri. Ravi, Lecturer in Zoology, suggested the students to minimize the screen time and be active through playing real games. ICDS Project Supervisors also suggested tips to maintain good health. Sri. P. Bhanuprakash, NSS Program Officer advised students to avoid eating Chinese fast food because tasting salt used in excess during its preparation many health problems.

OUTCOMES:

1. The students are sensitized on the healthy life methods.
2. The students promised to follow the healthy habits.

SIGNATURE OF THE STUDENTS:

**SVCR GOVT. DEGREE COLLEGE
PALAMANER**



Poshan Abhiyaan: Healthy food-Healthy life

Date: 30-09-2019

S.No	Name of the Student	Signature of the Student
1.	P. Aswini	p. Aswin
2.	N. Kiran Kumari	N. Kiran Kumari
3.	T. Santhosh	T. Santhosh
4.	D. Srinivasulu	D. Srinivasulu
5.	T. Jagapathi	T. Jagapathi
6.	P. Sibaji	P. Sibaji
7.	R. Babu	R. Babu
8.	R. Pavan Kalyan	R. Pavan Kalyan
9.	S. Seetha	S. Seetha
10.	B. Jeevitha	B. Jeevitha
11.	T. Hasti babu	T. Hasti babu
12.	V. Hemanth Kumar	V. Hemanth Kumar
13.	R. Bhargavi	R. Bhargavi
14.	M. Guruswathi	M. Guruswathi
15.	M. Rajashekhar	M. Rajashekhar
16.	T. Hasti	T. Hasti
17.	M. Devaraju	M. Devaraju
18.	V. Venkatesh	V. Venkatesh

FEED BACK:

Feed Back On Poshan Abhiyaan: Healthy food-Healthy life
30-09-2019

* Healthy diet *

A Healthy diet is a diet that maintain or Improve over all Health. A Healthy diet provides the Body with Essential Nutrition fluid. Macronutrients such as protein micronutrients such as vitamin and adequate fibre and food energy [2][3]

A Healthy diet may contain fruits vegetable and whole grains and may include little to no processed food (or) sweetened beverage. The requirement for healthy diet can be met from a variety of plant-based and animal based foods although a non plant source of vitamin B12 is needed for those following a vegan diet [4]. Various nutrition guides are published by medical and government Institution to educate Individual on what they should be eating to a healthy nutrition. Facts labels also are mandatory in some countries to allow consumer to choose between food based on the components relevant to Health.

PHOTOS



పౌష్టికాహారంతోనే ఆరోగ్యం

వలమనేరు, నెప్టెంబరు 30 : పౌష్టికాహారంలోనే అందరికీ ఆరోగ్యమని నీడీపీవో రాజేశ్వరి పేర్కొన్నారు. సోమవారం పట్టణంలోని ప్రభుత్వ డిగ్రీ కళాశాలలో ఎన్ఎన్ఎన్ ఆధ్వర్యంలో పౌష్టికాహార-ఆరోగ్యమైన జీవితం అనే అంశంపై అవగాహన కార్యక్రమం నిర్వహించారు. నీడీపీవో రాజేశ్వరి ముఖ్య అధితిగా పాల్గొని మాట్లాడుతూ రక్తహీనత, డయేరియా నివారణ, చేతుల పరిశుభ్రత గురించి వివరించారు. జంతుశాస్త్ర అధ్యాపకురాలు లక్ష్మీప్రసన్న లత మాట్లాడుతూ దేహనిర్మాణంలో ప్రోటీన్లు కీలక పాత్ర పోషిస్తాయని, ప్రోటీన్లు సమృద్ధిగా ఉన్న ఆహారాన్ని తీసుకోవడం వల్ల ఆరోగ్యంగా ఉంటామన్నారు. పాలు, సోయాబీన్లు, కోడిగుడ్లు, మాంసాహారం, చేపలు, బాదాంపప్పు, వేరుశనగ గింజలు నిత్యం తీసుకోవాలన్నారు. ఎన్ఎన్ఎన్ ప్రోగ్రాం ఆఫీసర్ బానుప్రకాష్ మాట్లాడుతూ నేటి యువత స్కూటీల్స్, గోబీ, మొదలైన చైన్స్ ఫాస్టు ఫుడ్ వైపు మొగ్గు చూపుతున్నారని, వాటి తయారీలో టేస్టింగ్



పౌష్టికాహారంపై అవగాహన కార్యక్రమంలో ప్రసంగిస్తున్న నీడీపీవో రాజేశ్వరి

సాల్సు అని పిలువబడే మోసో సోడియం గ్లూటామేట్ అనే రసాయన పదార్థాన్ని మోతాదుకు మించి వినియోగిస్తున్నారని తెలిపారు. ఈ రసాయన పదార్థం ఎక్కువగా వినియోగించడం వలన మెదడు కణాలక్షణత, క్యాన్సర్ పెరుగుదలకు ప్రేరేపిస్తుం

దన్నారు. వివిధకాలాల్లో టారికే పండ్లు మామిడి, నేరేడు, ఉసిరి, రేగుపండ్లు, నీలాపలం, వెలగ, వులింజ, కలిమికాయలు, సీమ చింతకాయలు తినాలని అధ్యాపకులు రవి, బాలాజీ వివరించారు. ఐసీడీఎన్ సూపర్వైజర్లు కూడా పాల్గొన్నారు.

ఆరోగ్యంపై దృష్టి సారించాలి

• సీడిపీవో రాజేశ్వరి

పలమనేరు : ప్రజలు ఎంతసేపూ సంపాదన, పనులే కాకుండా ఆరోగ్యంపై కూడా దృష్టి సారించాలని పలమనేరు ఐసీడిఎస్ ప్రాజెక్టు సీడిపీవో రాజేశ్వరి సూచించారు. స్థానిక వర్ర చెన్నారెడ్డి ప్రభుత్వ డిగ్రీ కళాశాలలో పౌష్టికాహార మాసోత్సవాల్లో భాగంగా సోమవారం ఆరోగ్యకరమైన ఆహారం- ఆరోగ్యకర జీవితం అనే అంశంపై విద్యార్థులకు అవగాహన కార్యక్రమాన్ని నిర్వహించారు. ఆమె మాట్లాడుతూ, వివిధ కాలాల్లో మనకు చౌకగా లభించే పండ్లు సీతాఫలం, మామిడి, నేరేడు, ఉసిరి, అడవుల్లో కాసే ఉలింజి, గార, సీమచింతకాయలు



సమావేశంలో మాట్లాడుతున్న సీడిపీవో రాజేశ్వరి

లాంటివి తినాలన్నారు. అతిగా మాంసాహారాన్ని తినే బదులు ఆకుకూరలను ఎక్కువగా తినడం అలవాటు చేసుకోవాలని సూచించారు. ఇదే అంశంపై అధ్యాపకులు భానుప్రకాష్, లక్ష్మీ ప్రసన్నల తదితరులు వివరించారు. కార్యక్రమంలో ఎన్ఎస్ఎస్ వలంటీర్లు, విద్యార్థులు, ఐసీడిఎస్ సూపర్వైజర్లు పాల్గొన్నారు.

పౌష్టికాహార మాసోత్సవం

ప్రజాశక్తి-పలమనేరు: ఎన్ఎసిఆర్ ప్రభుత్వ డిగ్రీ కళాశాలలో జాతీయ సేవా పథకం(ఎన్ఎస్ఎస్) ఆధ్వర్యంలో పౌష్టికాహార మాసోత్సవంలో భాగంగా ఆరోగ్యకరయోజన ఆహారం-ఆరోగ్యకరమైన జీవితం అనే అంశంపై అవగాహన కార్యక్రమాన్ని నిర్వహించారు. ఈ కార్యక్రమానికి ముఖ్యఅతిథిగా విచ్చేసిన పలమనేరు సీడిపీవో రాజేశ్వరి రక్తహీనత, డయేరియా నివారణ, చేతుల పరిశుభ్రత గురించి ఎన్ఎస్ఎస్ వాలంటీర్లకు వివరించారు. పలమనేరు ఐసీడిఎస్ సూపర్వైజర్ మమత విద్యార్థులకు

పౌష్టికాహారంపై అవగాహన కల్పించారు. జంతుశాస్త్ర అధ్యాపకురాలు లక్ష్మీప్రసన్న లత మాట్లాడుతూ 'ప్రోటీన్లు దేహనిర్మాణాలని' ప్రోటీన్లు సంవృద్ధిగా కలిగిన ఆహార పదార్థాలైన పాలు, సోయాబీన్స్ కోడిగుడ్లు, మాంసాహారం, చేపలు, బాదాం పప్పు, వేరుశనగ గింజలు, మొదలైన వాటిని నిత్యం తీసుకోవాలన్నారు. ఎన్ఎస్ఎస్ ప్రోగ్రామ్ ఆఫీసర్ పి.భానుప్రకాష్ మాట్లాడుతూ చైనీస్ ఫాస్ట్ ఫుడ్ వైపు మొగ్గు చూపుతున్నారని వాటి తయారీలో టేస్టింగ్ సాల్ట్ను ఉపయోగిస్తున్నారని దీని వలన మెదడు కణాలు క్షీణతకు, క్యాన్సర్ పెరుగుదలను ప్రేరేపిస్తుందని తెలియజేశారు. కార్యక్రమంలో కళాశాల అధ్యాపకులు రవి, బాలాజీ అన్నారు.

2019.10.01 9:50 AM

SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	: 150th Birth Anniversary of Mahatma Gandhi
PROGRAM DATE	: 03-10-2019 to 05-10-2019
TIME	: 10:00 AM
VENUE	: College Campus

RESOURCE PERSON

: Dr. P.Babu, Principal





OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade

Present: Dr. P. Babu, M.Sc, Ph.D




Dated: 01/10/2019

CIRCULAR

Government of India has decided to commemorate the 150th birth anniversary of Mahatma Gandhi, Father of the Nation, at national and international level to propagate his message. Gandhi Jayanti is also commemorated as the International Day of Non-Violence since 2007. In view of the significant and seminal contribution of Mahatma Gandhi to India and countries across the globe, his inspiration to leading political and philosophical personalities as also countless individuals and his relevance to disciplines such as politics, international relations, economics, spirituality, ecology, conflict resolution, sustainability, service to humanity and more, his concepts of compassion, non-violence, social justice, minimalism, peace and civil disobedience, NSS wing of our college is organizing three day celebrations from 03-10-2019 to 05-10-2019. The schedule is given below. All the staff and students are instructed to participate in these celebrations.

Date	Event
03-10-2019, FN	Awareness session
03-10-2019, AN	Peace walk
04-10-2019, FN	Rally on "Say No to single use plastic"
04-10-2019, AN	Saplings Plantation
05-10-2019	Campus cleaning activity


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To make students participants of the celebrations of Gandhi Jayanthi.
2. To bring healthy environment in the society.

REPORT OF THE PROGRAMME:

150th Birth Anniversary Celebrations of the Father of the Nation 'Mahatma Gandhi' was organized by the NSS wing of SVCR GDC from 03-10-2019 to 05-10-2019. On the first day i.e., 03-10-2019, an awareness session is organized in the college to recall the principles of Gandhiji. Dr. P. Babu, Principal in his address congratulated all who were part of the program and talked about how this year the celebration of Gandhi Jayanti holds special significance. He stated that the birth of NSS has deep rooted connection with the ideals of Gandhi. Sri. M. Vijayasekharam, Vice-principal stressed on the need to aware the people on plastic pollution and to ban on single use plastic to reach the goals of Swachhta and also for a healthy pollutant free environment. Floral tributes were given to the Photos of Gandhiji and Lal Bahadur Shastriji by the teaching and non-teaching staff. The entire program was hosted by NSS Program Officer, P. Bhanupraaksh, while the vote of thanks was given by Dr .G. Sridevi. In the afternoon, a peace walk was organized to mark Mahatma Gandhi's 150th birth anniversary. Around 550 students participated in this Walk for Peace.

On the second day, to mark the occasion of Gandhi Jayanti an awareness rally on "Say No to Single-Use Plastic" from the College ground to the Palamner bus station. About NSS 65 volunteers participated in this rally to sensitise the public against the use of single-use plastic items. Students raised the slogans and also carried pictures that graphically depict the harmful effects of single-use plastic products and the alternatives for it. Later in the evening, saplings plantation programme was organized by the NSS Unit in the premises of the college.

On the third day, a total of 25 NSS volunteers participated in the

campus cleaning activity. They were cleaned the surrounding of the garden and roads.

They removed all debris including polythene bags. During the cleaning activity, the volunteers were made to feel about the importance of proper disposal of debris into dust bins. Later in the evening, few more saplings were planted by the NSS volunteers.

OUTCOMES:

1. The students get awareness on the teachings of Gandhi.
2. The students participated in the activities.

SIGNATURE OF THE STUDENTS:

**SVCR GOVT. DEGREE COLLEGE
PALAMANER**



Celebrations of the
150th Birth Anniversary of Mahatma Gandhiji

Date: 03-10-2019 to 05-10-2019

S.No	Name of the Student	Signature of the Student
1	M. Kiran Kumari	M. Kiran Kumari
2	V. Hemanth Kumar	V. Hemanth Kumar
3	T. Santhosh	T. Santhosh
4	P. Jagapathi	P. Jagapathi
5	V. Venkatesh	V. Venkatesh
6	P. Sivaji	P. Sivaji
7	P. Aswini	P. Aswini
8	D. Srinivasulu	D. Srinivasulu
9	R. Pawan Kalyan	R. Pawan Kalyan
10	S. Suffian	S. Suffian
11	P. Hasibabu	P. Hasibabu
12	N. Gurumurthi	N. Gurumurthi
13	P. Jeevitha	P. Jeevitha
14	M. Ravashkara	M. Ravashkara
15	K. Uday Kiran	K. Uday Kiran
16	R. Bhargavi	R. Bhargavi
17	M. Devaraj	M. Devaraj
18	T. Harish	T. Harish

FEED BACK:

Feed Back On Celebrations of the 150th Birth Anniversary of Mahatma Gandhiji 03-10-2019 to 05-10-2019

Mahatma Gandhiji is the father of the nation. He achieved Independence to India with his leadership on 15 August 1947. He used weapons peace, non-violence and truth never used in the world history. The UNO also declared Mahatma Gandhiji birthday as "International Peace Day".

In this occasion we celebrated "International Peace Day" in grand manner in the college. We invited freedom fighters and honoured on 02-10-2019. We also celebrated a week from 03-10-2019 to 09-10-2019. Conducted essay writing, quiz competition etc.

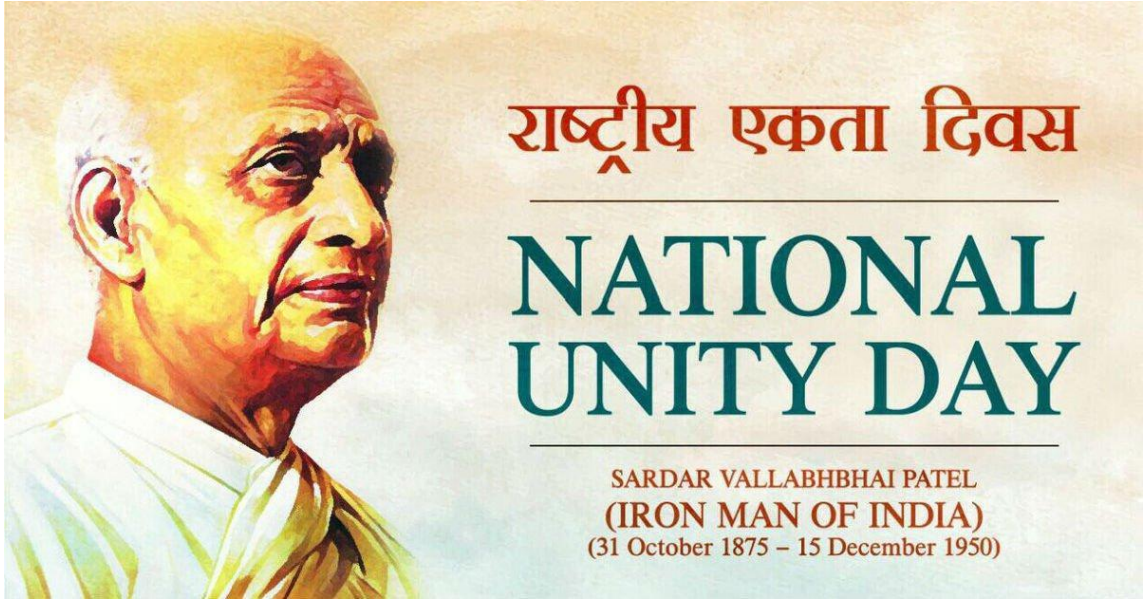
PHOTOS







SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	NATIONAL UNITY DAY
PROGRAM DATE	:	31-10-2019
TIME	:	11:00 AM
VENUE	:	College Campus
RESOURCE PERSON	:	Dr.M.Vijayasekharam, Vice Principal



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade
Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 28/10/2019

CIRCULAR

Since 2014, every year on 31 October 'Rashtriya Ekta Diwas' or the National Unity Day is observed to pay tribute to Sardar Vallabhbhai Patel who played a pivotal role in India's freedom struggle and then during the integration of the country. Patel, the 'Iron Man of India', who had dreamt of full integration of Jammu and Kashmir with India, played an instrumental role in convincing several princely states to align with the Indian Union. Therefore, 31 October is celebrated to honour his efforts and contributions. To remember his legacy and inculcate a spirit of unity among the students, "National Unity Oath Ceremony" will be conducted in college campus on 31st October, 2019 at 11:00 AM. All the staff and students are directed to attend this ceremony without fail.

PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To take oath on unity.
2. To learn on being united for the nation.
3. To pay homage to the great leader Sardar Vallabhai Patel.

REPORT OF THE PROGRAMME:

National Unity Day was observed on 31st October 2019 on the Birth Anniversary of Sardar Vallabh Bhai Patel. The NSS Unit of our college successfully observed this day. On this occasion, the NSS volunteers and students of the college took active part in "National Unity Oath Ceremony" in the college. Vive-Principal of our college Dr. M. Vijaysekharan addressed the students about national unity. His speech recalled the life history of Sardar Vallabhai Patel and his contributions for integrating India during post independence period. Finally, the program was concluded through National Anthem. Further, NSS Programme Officer, Teaching, Non-teaching staff, NSS volunteers, students have actively involved in the "Run for Unity".

OUTCOMES:

1. The students get motivated to listen about the great man.
2. The students undertook oath and participated in the rally.

SIGNATURE OF THE STUDENTS:

**SVCR GOVT. DEGREE COLLEGE
PALAMANER**



National Unity Day

Date: 31-10-2019

S.No	Name of the Student	Signature of the Student
1	T. Santhosh	T. Santhosh
2	D. Sreenivasulla	D. Sreenivas
3	T. Jagathi	T. Jagathi
4	P. Sivigai	P. Sivigai
5	BABU	BABU
6	R. Pavan Kalayan	R. Pavan Kalayan
7	S. Sulfian	S. Sulfian
8	B. Gevalhi	B. Gevalhi
9	P. Hari babu	P. Hari babu
10	V. Hamenth Kumar	V. Hamenth Kumar
11	P. Asinathi	P. Asinathi
12	M. Gurusurthi	M. Gurusurthi
13	M. Rajasekar	M. Rajasekar
14	M. Kiran Kumar	M. Kiran Kumar
15	M. Dava Raju	M. Dava Raju
16	R. Bravathre	R. Bravathre
17	K. Velay Kiran	K. Velay Kiran
18	V. Venkash	V. Venkash

FEED BACK:

Feed Back On National Unity Day

31-10-2019

Sardar Vallabhbhai Patel is the first Home minister of India. He is the great freedom fighter and a follower of Mahatma Gandhi. After Independence with the initiation of Sardar Patel the small self ruling parts are merged in Independent India. From 2014 the Government of India is celebrating National Unity Day on the birth anniversary of Sardar Ji. In our college collaboration with NCC, NSS and all the students form various departments we celebrated National Unity Day on 31-10-2019.

PHOTOS





SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	WORLD AIDS DAY
PROGRAM DATE	:	01-02-2019
TIME	:	11:00 AM

VENUE	:	College Campus
RESOURCE PERSON	:	Dr.P.Babu, Principal



DECEMBER 1 **WORLD** **AIDS DAY 2019**

**"Communities makes the
difference"**



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade

Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 28/11/2019

CIRCULAR

World AIDS Day, observed each year on December 1, is an opportunity for people worldwide to unite in the fight against HIV, show their support for people living with HIV, and remember those who have died from an HIV-related illness. Started in 1988, World AIDS Day was the first-ever global health day. In this connection an awareness rally has been arranged by NSS Units 1 & 2. All the staff and students are directed to attend this awareness without fail.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To get awareness on AIDS.
2. To explain the need for healthy society to all.

REPORT OF THE PROGRAMME:

AIDS awareness rally was organized by the NSS units of the college on 1 st December 2019. The rally was started from the college ground to Gudiyattham Road. This rally was aimed to create awareness about Causes and Preventive measures of HIV/AIDS. This rally was also intended in demolishing the various myths that go around in the society about the spreading of AIDS.

OUTCOMES:

1. The students conducted awareness rally.
2. They sensitized the rural illiterate youth on the disease.

SIGNATURE OF THE STUDENTS:

**SVCR GOVT. DEGREE COLLEGE
PALAMANER**



World AIDS Day

Date: 01-12-2019

S.No	Name of the Student	Signature of the Student
1	D. Sreenivasulu	D. Sreenivasulu
2	T. Aswini	T. Aswini
3	R. Pavan Kalyan	R. Pavan Kalyan
4	B. Geevitha	B. Geevitha
5	M. Gurumurthi	M. Gurumurthi
6	T. Sivaji	T. Sivaji
7	R. Babu	R. Babu
8	M. Rajashekhar	M. Rajashekhar
9	D. Santosh	D. Santosh
10	V. Hemant Kumar	V. Hemant Kumar
11	B. Venkatesh	B. Venkatesh
12	S. Subliya	S. Subliya
13	M. Kiran Kumar	M. Kiran Kumar
14	M. Devraj	M. Devraj
15	R. Bhargavi	R. Bhargavi
16	T. Hari babu	T. Hari babu
17	T. Jagapathi	T. Jagapathi
18	T. Harish	T. Harish

FEED BACK:

Feed Back On World AIDS Day
01-12-2019

Human immuno deficiency Syndrome associated with an underlying illness causing ongoing muscle loss that is not entirely reversed with nutritional Supplement ation. A range of diseases can cause cachexia.

Most Commonly Cancer, Congestive heart failure, Chronic obstructive pulmonary disease, Chronic kidney disease and AIDS. Systemic inflammation from these conditions can cause detrimental changes to Metabolism and body Composition.

In contrast to weight loss from inadequate Caloric intake, cachexia causes mostly muscle loss instead of fat loss. Diagnosis of cachexia can be difficult due to the lack of well established diagnostic criteria. Cachexia can improve with treatment of the underlying illness but other treatment approaches have limited benefit. Cachexia is associated with increased mortality and poor quality of life.

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	SWACHCHATA HI SEVA
PROGRAM DATE	:	26-12-2019
TIME	:	03:00 PM
VENUE	:	College Campus
RESOURCE PERSON	:	Dr.P.Babu, Principal



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade


Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 20/12/2019

CIRCULAR

'Swachhta Hi Seva', an initiative of the Swachh Bharat Mission, aims to generate greater public participation, reinforce the concept of "sanitation as everyone's business" and culminate Mahatma Gandhi's 150th birth year celebration with a nationwide campaign. In this connection a cleanliness drive will be conducted in the college on 26th December, 2019. All the staff and students are directed to clean their classrooms and college surroundings without fail.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To clean the college.
2. To promote the culture of dignity of labour among the students.

REPORT OF THE PROGRAMME:

NSS volunteers actively participated in the Swachhata Hi Seva-Campus and Classrooms cleaning activity. They cleaned inside the classrooms and its surroundings. They removed all debris including polythene bags. The collected waste was transported to dump yard with the help of Municipal Vehicle. During the cleaning activity, the volunteers were made to feel about the importance of proper disposal of debris in to dust bins.

OUTCOMES:

1. The campus became clean and green.
2. The students learned to work in teams.

**SVCR GOVT. DEGREE COLLEGE
PALAMANER**



Swacchata Hi Seva

Date: 26-12-2019

S.No	Name of the Student	Signature of the Student
1	P. Thirumalesh	Thirumalesh
2	P. Sivaji	P. Sivaji
3	V. Venkatesh	Venkatesh
4	V. Hemanth Kumar	Hemanth Kumar
5	T. Hari Babu	Hari Babu
6	R. Pavan Kalyan	Pavan Kalyan
7	D. Sri Nivasulu	Sri Nivasulu
8	M. Umamathi	Umamathi
9	R. Bhargavi	Bhargavi
10	M. Rajasekhar	Rajasekhar
11	P. Ashwini	Ashwini
12	R. Babu	Babu
13	S. Supriya	Supriya
14	T. Santhosh	Santhosh
15	B. Jeevitha	Jeevitha
16	M. Devadai	Devadai
17	T. Harish	Harish
18	M. Kiran Kumar	Kiran Kumar

**SIGNA
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FEED BACK:

Feed Back On Swacchata Hi Seva
26-12-2019

75

On swacchata hi seva.

26-12-2019

"Swachhata hi seva" a campaign under the swachh Bharath mission that aim to increase participation towards swachhata 'swachhata hi seva', an initiative of the swachh Bharath mission, aims to generate greater public participations, reinforce the concept of "sanitation as everyone's business" and culminate mahatma Gandhi's 150th birth year on celebration with a nationwide Campaign

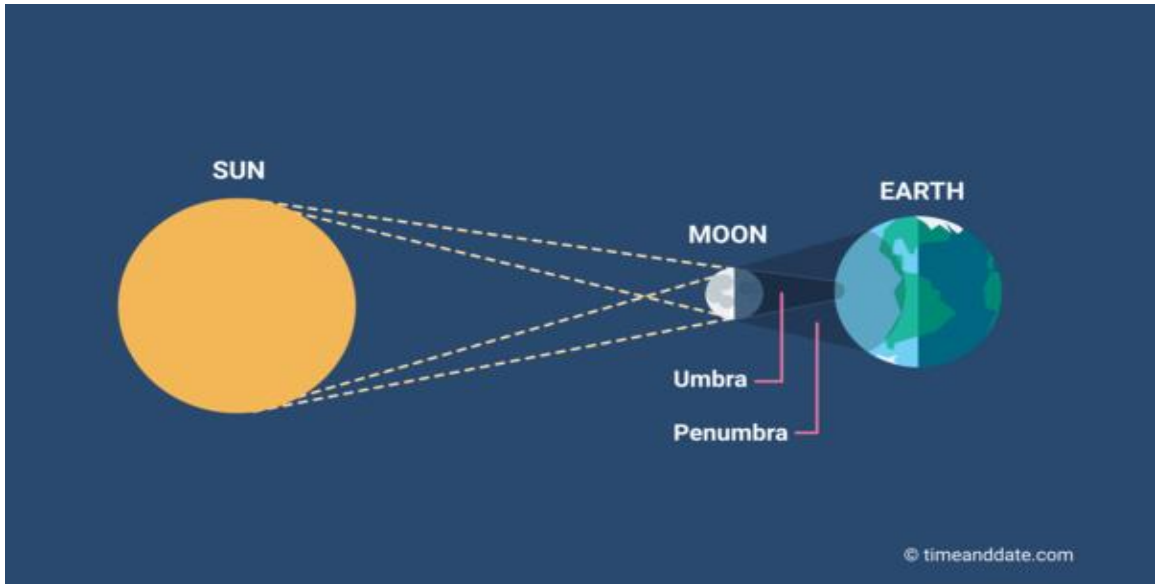
Answering to the call-to-action of our Hon'ble prime minister, Sri Narendra Modi, Akshaya patra in partnership with Coca-Cola foundation have made a forward move by initiating activities to promote "swachhata hi seva" in beneficiary schools across India.

A big thank you to the Government of India for the teachers this amazing initiative and thanks -

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	OBSERVING SOLAR ECLIPSE
PROGRAM DATE	:	26-12-2019
TIME	:	11:30 AM
VENUE	:	College Campus
RESOURCE PERSON	:	Dr.P.Babu, Principal



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade

Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 20/12/2019

CIRCULAR

A solar eclipse occurs when the Moon passes between Earth and the Sun, thereby obscuring Earth's view of the Sun, totally or partially. The only safe way to look directly at the sun during Solar Eclipse is through special-purpose solar filters, according to the American Academy of Ophthalmology. These special filters are used in eclipse glasses and hand-held solar viewers. All the interested staff and students are requested to assemble near SVCR statue at 11:30 AM on 26-12-2019 to participate in observing Solar Eclipse. Solar filters will be provided for all.

PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To avoid foolish opinions among the illiterate people.
2. To learn the facts behind the solar eclipse.

REPORT OF THE PROGRAMME:

The stories and superstitions of ancient times about eclipses haven't completely gone away. The Principal and NSS Program Officer explained about the myths and superstitions around solar eclipses. Principal explained to the NSS Volunteers and students that use of solar filters is one of the safe methods to observe the solar eclipse.

OUTCOMES:

1. The students get sensitized on solar eclipse.
2. They explained the same to the villagers and the other students.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



Solar Eclipse

Date: 26-12-2019

S.No	Name of the Student	Signature of the Student
1.	P. Sivaji	P. Sivaji
2.	D. Srinivasulu	D. Srinivasulu
3.	T. Santhosh	Santhosh
4.	R. Pavan kalyan	Pavan kalyan
5.	S. Sulfian	Sulfian
6.	V. Hamanthkumar	Hemantk. Kumar
7.	T. Hari Babu	Hari Babu
8.	K. Uday kiran	Uday kiran
9.	M. gusu Murthi	Gusu murthi
10.	M. Raja shaker	Raja shakar
11.	R. Thulasi Ram	Thulasi Ram
12.	G. Vasu	Vasu
13.	H. saravanas	saravanas
14.	R. Grayathri	Grayathri
15.	M. Pavan nayak	Pavan nayak
16.	S. Banjith Kumar	Banjith Kumar
17.	K. Siva Prasadh	Siva Prasadh
18.	S. Yusuf	Yusuf

FEED BACK:

Feed Back On Solar Eclipse 26-12-2019

Solar eclipse - the moon coming between Earth and the sun so that the moon's shadow sweeps over Earth's shadow. The shadow consists of two parts - the umbra or cone into which no direct sunlight penetrates; and the penumbra which is reached by light from only a part of the sun's disk.

To an observer within the umbra the sun's disk appears completely covered by the disk of the moon such an eclipse is called total. To an observer within the penumbra the moon's disk appears projected called partial. That observation is then called partial for observer.

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	WORKSHOP ON TOBACCO CONTROL
PROGRAM DATE	:	27-12-2019
TIME	:	10:00 AM
VENUE	:	Sri Venkateswara University

RESOURCE PERSON

: Vice Chancellor, SVU, Tirupati





OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade


Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 23/12/2019

CIRCULAR

Tobacco kills 8 million people worldwide each year, mainly in low- and middle-income countries where 80% of the world's smokers live. However, not only smokers are at risk, second-hand smoking causes 1.2 million deaths per year. Tobacco use is a leading cause of multiple cancers such as oral cancers, lung, liver, stomach, bowel and ovarian cancers, as well as some types of leukemia. Quitting at any age can make an immense difference for the user, increasing life expectancy and improving the quality of life. Therefore, Sri Venkateswara University is organizing a WORKSHOP ON TOBACCO CONTROL on 27th December, 2019. All the interested students can contact Dr.P.Bhanu Prakash, Lecturer in Chemistry for more information.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To sensitize the illiterate villagers on the hazards made by tobacco.
2. To get first hand knowledge on the problems created through consuming tobacco.

REPORT OF THE PROGRAMME:

P.Bhanuprakash-NSS Program officer along with two NSS volunteers-M.Ganesh and P.Laksman Reddy has participated in the one day workshop on "Pledge for Life- Tobacco free youth" at S.V. University, Tirupati.

OUTCOMES:

1. The students and the Program Officer get sensitized.
2. They can spread the same message in the villages.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



Workshop on Tobacco Control
(Pledge for Life)

Date: 27-12-2019

S.No	Name of the Student	Signature of the Student
1.	K. Uday kiran	K. Uday kumar
2.	T. Santosh	T. Santosh.
3.	P. Hasi babu	P. Hasi babu.
4.	R. Subhasini	R. Subhasini.
5.	T. Ranjith kumar	T. Ranjith kumar.
6.	S. Arsalath alli	S. Arsalath alli
7.	R. Bhargavi	R. Bhargavi
8.	V. Vimal	V. Vimal
9.	P. Sandesh	P. Santosh.
10.	M. Raja Sekhar	M. Raja Sekhar
11.	M. Gurumurthi	M. Gurumurthi
12.	R. Gayatri	R. Gayatri
13.	S. Suffian	S. Suffian.
14.	H. Saravana	H. Saravana
15.	B. Venkatesh	B. Venkatesh.
16.	G. Vasu	G. Vasu
17.	R. Babu	R. Babu
18.	M. Pavan Naick.	M. Pavan Naick.

FEED BACK:

Feed Back On Workshop on Tobacco Control
(Pledge for Life)
27-12-2019

CREATE - YOUR OWN WORLD NO TOBACCO DAY WORKSHOP :

World No Tobacco Day (WNTD) 2020 aims to protect children and adolescents from industry manipulation and prevent them from nicotine and tobacco use.

This campaign toolkit includes various activities that can be implemented by teachers in the classroom setting - whether virtual or in person or by parents at home. These activities will serve to expose tobacco and related industry tactics to hook youth on nicotine and tobacco products and empower youth to refuse industry manipulation and join the tobacco-free generation.

OBJECTIVES:

Give our target audience [boys and girls aged 13-17] the opportunity to expose industry tactics observed in their community, practice the art of refusing tobacco products, shisha or e-cigarettes in a safe environment.

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



NO Tobacco Pledge



PROGRAM NAME	:	ANTI TOBACCO PLEDGE
PROGRAM DATE	:	03-01-2020
TIME	:	10:00 AM
VENUE	:	Sri Venkateswara University
RESOURCE PERSON	:	Vice Chancellor, SVU, Tirupati



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade


Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 01/01/2020

CIRCULAR

Tobacco is the foremost cause of preventable death and disease in the world today. India is the second largest consumer of tobacco products in the world. National Family Health Survey - 3, 2006 indicates an increasing prevalence of tobacco consumption in India, with 57% male and 10.9% females reportedly consuming tobacco in some form. Global Youth Tobacco Survey (GYTS), 2006 also indicates that approx. 14% children in the age group of 13-15 years are consuming tobacco in some form and that the age of initiation into tobacco has come down. The World Health Organization attributes over four million deaths a year to tobacco. This figure is expected to rise to 10 million deaths a year by 2030, with 70% of these deaths occurring in developing countries. SVCR Govt. Degree College strongly feels that students should abstain themselves from this deadly habit and hence will conduct an ANTI TOBACCO PLEDGE on 3rd January, 2020. All the students and staff are strictly instructed to attend.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To learn about the hazards created by tobacco.
2. To sensitize all not to go for tobacco products.

REPORT OF THE PROGRAMME:

The tobacco epidemic is one of the biggest public health threats the world has ever faced, killing more than 7 million people a year. It is one of the leading causes of preventable death. National Service Scheme unit at SVCR GDC, Palamaner conducted "Anti-Tobacco Pledge" on 03rd January, 2020 with an objective to sensitize the harmful effects of tobacco consumption in any form. The students swore the following pledge: "I pledge for life that I will never touch cigarette, beedi, gutka, pan masala, hookah or any tobacco product in my life. I will also encourage my family, friends and others around me not to do so."

OUTCOMES:

1. The oath made them strong to reject tobacco products.
2. The students get sensitized on the hazards of tobacco.

SIGNATURE OF THE STUDENTS:

**SVCR GOVT. DEGREE COLLEGE
PALAMANER**



Anti Tobacco Pledge

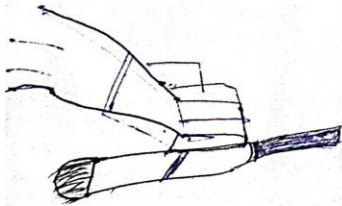
Date: 03-01-2020

S.No	Name of the Student	Signature of the Student
1	B. Bhargavi	B. Bhargavi
2	T. Santhosh	T. Santhosh
3	S. Santan	S. Santan
4	R. Vinayaka	R. Vinayaka
5	V. Vimal	V. Vimal
6	T. Jagapathi Babu	T. Jagapathi Babu
7	T. Jagavan Babu	T. Jagavan Babu
8	M. Ramu	M. Ram
9	R. Gayatri	R. Gayatri
10	M. Jagadhis	M. Jagadhis
11	P. Sivaji	P. Sivaji
12	P. Chandhara	P. Chandhara
13	G. Vasu	G. Vasu
14	M. Raju Kumar	M. Raju Kumar
15	H. Sharanah	H. Sharanah
16	T. Purushotham	T. Purushotham
17	M. Pavan Nayak	M. Pavan Nayak
18	K. Hemanth	K. Hemanth

FEED BACK:

Feed Back On Anti Tobacco Pledge
03-01-2020

The only thing that tobacco brings along with it is disease which later converts in death and despair for your loved one ... Save your self and your family from disaster like this by quitting to tobacco. NO smoking



World

not Tobacco Day

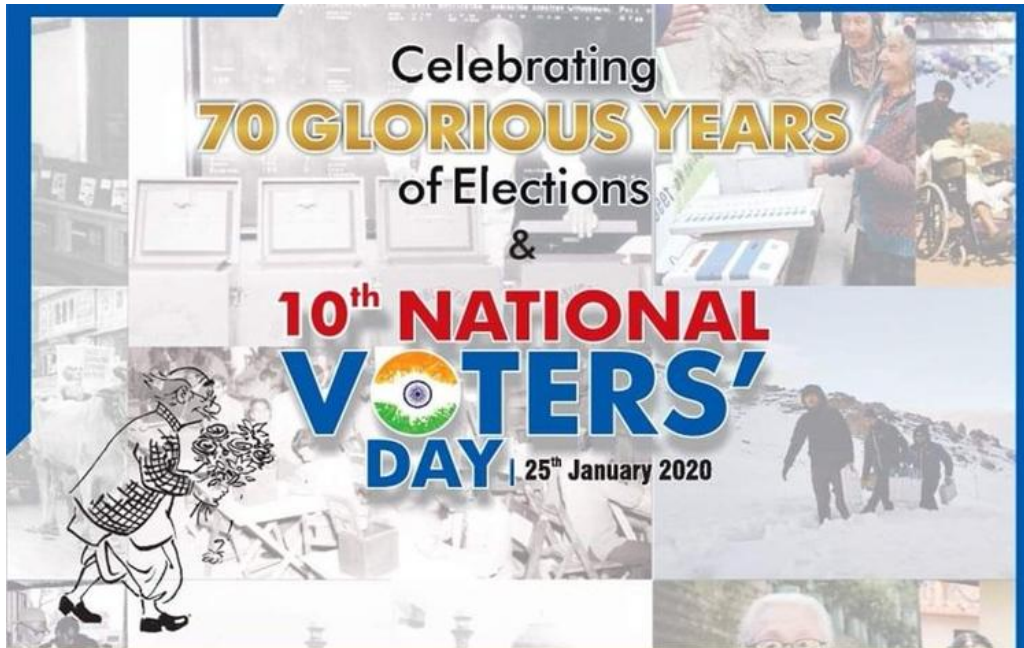
No. Tobacco pladge
pledge

* pledge for life Tobacco free
Youth.

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	NATIONAL VOTERS DAY PROGRAMME
PROGRAM DATE	:	24-01-2020 & 25-01-2020
TIME	:	10:30 AM
VENUE	:	College Campus
RESOURCE PERSON	:	Sri Palamaner Balaji, MPDO, V.Kota



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade

Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 21/01/2020

CIRCULAR

National Voters' Day 2020 will be celebrated across the country on January 25. The day was first celebrated on January 25, 2011, to mark the Foundation day of Election Commission of India. The Election Commission of India, or ECI, was established on January 25, 1950. National Voters' Day 2020 marks an important milestone in the history of Indian democracy as the Election Commission of India completes 70 years of its existence. To encourage the youth to participate in the vote in the electoral process; college is going to conduct 2 Day National Voters Day Programme on 24th and 25th January. All the staff and students are requested to attend as it not only encourages the youth to participate in the electoral process but also focuses on the fact that the right to vote is a basic right.

PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To sensitize the students on the need for enfranchisement.
2. To create awareness on the need for voting.

REPORT OF THE PROGRAMME:

The National Voters' Day is celebrated all over the country on January 25 every year since 2011 to mark the Foundation day of Election Commission of India. The main purpose of the National Voters' Day celebration is to encourage, facilitate and maximize the enrollment, especially for the new voters. On 24-01-2020, National Voters' Day was celebrated through an awareness program organized by NSS Unit of SVCR Govt Degree College. This program was presided by our Principal-Dr. P.Babu and explained about the history of voting. The eligibility and procedure to get Voter identity card was explained by Tahsildhar, of Palamaner. Sri. Palamaner Balaji, MPDO, V.Kota explained the importance of franchising the vote. NSS volunteers and students clarified their doubts on voting procedure with the Tahsildhar. A total of 195 students participated in the Program. Refreshments were distributed to the NSS volunteers.

On 25-01-2020, Principal administered a pledge to the students and Staff of the College on the importance of voting. Later NSS volunteers participated in an awareness rally to encourage more young voters to take part in the political process. The rally was started from college and carried up to the Gudiyatham main road.

OUTCOMES:

1. Rally has been conducted to create awareness among the common people.
2. The students get sensitized on the need for voting.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



National Voter's Day Programme
Date: 24-01-2020&25-01-2020

S.No	Name of the Student	Signature of the Student
1.	Santhosh	Santhosh
2.	R. Thulasiram	R. Thulo
3.	S. Lavan Kumar	S. Lavan Kumar
4.	R. pavani	R. pavani
5.	S. Shankar	S. Shankar
6.	P. shivaji	P. shivaji
7.	R. Vinayaka	R. Vinayaka
8.	T. Jagapathi Babu	T. Jagapathi Babu
9.	V. Vimal	V. Vimal
10.	M. Ramu	M. Ramu
11.	V. Chandhana	V. Chandhana
12.	R. Gayathri	R. Gayathri
13.	G. Vasu	G. Vasu
14.	M. Jagadesh	M. Jagadesh
15.	H. Saravana	H. Saravana
16.	M. Raju Kumar	M. Raju Kumar
17.	M. Pavan Nayak	M. Pavan Nayak
18.	G. Venki	G. Venki

FEED BACK:

Feed Back on National Voter's Day Programme
24-01-2020&25-01-2020

National Voter's Day

National voters day is celebrated on 25 January every year. National voters Day reflects on the importance of voting. People should take the time to recognise that when they vote in an election, they are bringing a difference. Voting is a constitutional right. People may choose to vote for someone who could bring changes to their lives.

Voting is important because it allows the citizens to choose their leaders in establishing the government, and it is the only way to participate in the democratic process.

Voting is a great way to reflect people's opinions and demand the changes they need in the country. If you vote, you will feel like you are doing something that will positively affect society.

"If you don't vote, you lose the right to complain."

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	NATIONAL INTEGRATION CAMP
PROGRAM DATE	:	24-01-2020 to 30-01-2020
TIME	:	10:00 AM
VENUE	:	Bangalore University, NSS Bhavan
RESOURCE PERSON	:	Vice Chancellor, Bangalore University



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade


Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 22/01/2020

CIRCULAR

Organised by National Service Scheme, National Integration Camps aim at fostering a feeling of national integration and greater understanding of various cultures by the youth of the country. A National Integration Camp will be organized at Bangalore City University from 24-01-2020 to 30-01-2020. Interested students are informed to contact Dr.P.Bhanu Prakash, Lecturer in Chemistry for more information.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

REPORT OF THE PROGRAMME:

K. Jagadeesh Babu of NSS Unit, SVCR GDC participated in National Integration Camp from 24-01-2020 to 30-01-2020 organized by Bangalore University, NSS Bhavan, Jnanabharathi Campus, Bangalore.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



Volunteer participated in National
Integration Camp
Date: 24-01-2020 to 30-01-2020

S.No	Name of the Student	Signature of the Student
1.	T. Jivelkha	T. Jivelkha
2.	T. Santosh	Santosh
3.	S. Sulfian	Sulfian
4.	A. Srinivalu	Srinivalu
5.	P. Hari babu	Hari babu
6.	B. Venkatesh	Venkatesh
7.	R. Babu	Babu
8.	M. Gurumurthi	Gurumurthi
9.	M. Raja Sekhar	Raja Sekhar
10.	R. Bhargavi	Bhargavi
11.	T. Jagathi	Jagathi
12.	P. Sivaji	Sivaji
13.	T. Harish	Harish
14.	V. Hemanth Kumar	Hemanth Kumar
15.	P. Aswini	Aswini
16.	R. Pavan Kalyan	Pavan Kalyan
17.	M. Kiran Kumar	Kiran Kumar
18.	M. Devaraj	Devaraj

FEED BACK:

Feed Back On Volunteer participated in National
Integration Camp
24-01-2020 to 30-01-2020

Volunteering is important because it provides assistance to nonprofit organizations and other causes aimed at bettering the community. Several charities and other organizations rely on volunteers to achieve their goals and remain productive.

Without volunteers, these nonprofits are not able to function at their highest level.

1) Saves money that nonprofits would need to spend on paid employees.

2) Helps meet local needs required for the community to function at its best.

3) Supports families and other individuals in the community who cannot support themselves.

4) Improves educational systems.

5) Helps volunteers build valuable experience and skills.

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	REPUBLIC DAY CELEBRATIONS
PROGRAM DATE	:	26-01-2020
TIME	:	8:30 AM
VENUE	:	College Campus

RESOURCE PERSON

: Dr. P. Babu, Principal





OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade


Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 25/01/2020

CIRCULAR

India will celebrate its 71st Republic Day on January 26. Each year on January 26, the Indian Republic celebrates Republic Day with great fervour and zeal. To celebrate India's remarkable story, All the Faculty members, Non-teaching staff and students are invited for the 'FLAG HOISTING CEREMONY' on the occasion of the Republic Day to be held on Saturday, 26th January 2020 at 8.30 AM in the college premises.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To promote patriotism among the students.
2. To make them understand the need for honest towards the country.

REPORT OF THE PROGRAMME:

As part of observance of Republic Day, Principal Dr. P. Babu unfurled the National Flag and addressed the gathering with great patriotic fervor. He recapitulated the sacrifices of the great freedom fighters and their commitment for the cause. Teaching and Non-teaching staff, NSS Volunteers, NCC Cadets, students participated in the celebrations. The section formation of NCC cadets under the training of Lt. T. Balaji, ANO, NCC was very much informative and attracted the public. NSS volunteers sang patriotic songs portraying the richness of our country and they also gave speeches on the great leaders of our Nation. Certificates refreshments were distributed to the NSS volunteers and students. The program was concluded with the National Anthem.

OUTCOMES:

1. Section formation done by the students attracted the students.
2. Students get sensitized sacrifice done by the army.

SIGNATURE OF THE STUDENTS:

**SVCR GOVT. DEGREE COLLEGE
PALAMANER**



Republic Day

Date: 26-01-2020

S.No	Name of the Student	Signature of the Student
①	T. Srinivasulu	Srinivasulu
②	To Jeevitha	Jeevitha
③	R. Bhargavi	Bhargavi
④	R. Babu	Babu
⑤	T. Santosh	Santosh
⑥	R. Pawan Kalyan	Pawan Kalyan
⑦	T. Harish	Harish
⑧	V. Venkatesh	Venkatesh
⑨	S. Sathya	Sathya
10	P. Ashwini	Ashwini
11	P. Sivaji	Sivaji
12	Mr. Kiran Kumar	Kiran Kumar
13	T. Jagapathi	Jagapathi
14	V. Hemanth Kumar	Hemanth Kumar
15	Mr. Gurunathi	Gurunathi
16	Mr. Devaraju	Devaraju
17	To Hari Babu	Hari Babu
18	Mr. Rajashekhar	Raja Shekhar

FEED BACK:

Feed Back On Republic Day 26-01-2020

Good morning RESPECTED Principal Teachers all All my dear Friends today we all have gathered here to celebrate The 73rd Republic day of our nation. First of all I would like to wish you all a very Happy Republic day.

Republic Day is our national festival

That is celebrated every year on 26 January. This day is BPL for Indians because we get our constitutions on this day. As India got its independence on 15 August 1947, a commission was appointed to make our constitution. Dr. B.R. Ambedkar was appointed as the chair person and it took two years, 11 months and 18 days in the framing of the constitution. The constitution was framed on 26 November 1949 but was finally adopted on 26 January 1950 as this date is 1930. But it took 17 years to get free from British rule and India got its freedom on 15 August 1947. So, we celebrated Independence Day on 15 August.

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER

PROGRAM NAME	:	DISTRIBUTION OF HOMEOPATHIC PREVENTION MEDICINE FOR COVID 19
PROGRAM DATE	:	12-02-2020
TIME	:	11:30 AM
VENUE	:	College Campus

RESOURCE PERSON

: Dr. P. Bhanu Prakash





OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade

Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 11/02/2020

CIRCULAR

Severe acute respiratory syndrome due to corona virus is a novel infectious disease, which has quickly developed into a pandemic. The spectrum of COVID-19 symptoms is broad, ranging from a mild, self-limiting respiratory tract illness to severe progressive pneumonia, multi-organ failure and possible death. Despite much effort and multiple clinical trials, there are, to date, no specific therapeutic agents to treat or cure the corona virus infection. In this regard, Homeopathic medicine will be distributed to students by NSS UNITS 1 & 2 on 12th February 2020, at NSS Room. All the students and staff are encouraged to take the medicine in view of wide spreading pandemic.

PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To stop the spread of the new virus.
2. To make students immunized.

REPORT OF THE PROGRAMME:

The NSS Volunteers have actively participated in free distribution of preventive Homeopathy medicine for COVID-19. They have given three doses of medicine in three consecutive days to the students of the college.

OUTCOME:

1. The students have taken the medicine.

SIGNATURE OF THE STUDENTS:

SVCR GOVT. DEGREE COLLEGE PALAMANER



Distribution of Homeopathic Preventive
Medicines for COVID-2020

Date: 12-02-2020

S.No	Name of the Student	Signature of the Student
1)	T. Sreenivasulu	T. Sreenivasulu
2)	S. Suddhan	S. Suddhan
3)	T. Hari Babu	T. Hari Babu
4)	R. Babu	R. Babu
5)	B. Hemanth kumar	B. Hemanth kumar
6)	B. Jeevitha	B. Jeevitha
7)	T. Harish	T. Harish
8)	M. Gurumurthy	M. Gurumurthy
9)	V. Venkatesh	V. Venkatesh
10)	M. Raja Sekhar	M. Rajasekhar
11)	M. Deva Raju	M. Deva Raju
12)	P. Aswini	P. Aswin
13)	R. Pawan kalyan	R. Pawan kalyan
14)	N. Kiran kumar	N. Kiran kumar
15)	P. Sivaji	P. Sivaji
16)	T. Santhosh	T. Santhosh
17)	K. Uday kiran	K. Uday kiran
18)	T. Jagapathi	T. Jagapathi

FEED BACK:

Feed Back On Distribution of Homeopathic Preventive Medicines for COVID-2020 12-02-2020

The covid-19 is the virus occurred in India and some of other countries. These disease effected all of the people lives on the these country and there was no medication for the these virus and the all countries are started researching about the medication and they did not find the medicines. There are totally collapsed economic activities.

In that time these homeopathic medicines helps a lot to prevent the covid-19 and these can be may be first step to prevent the covid-19. These are the general guidelines open the homeopathic medicines:

- * Monitor the sick person's symptoms regularly, monitor for fever and oxygen saturation levels twice in a day
- * Pay special attention if the person is at risk with serious illness and advise investigations and monitoring accordingly
- * Ensure the sick person takes adequate rest and sleeping

PHOTOS

SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	SWACHH KALASALA
PROGRAM DATE	:	15-02-2020
TIME	:	04:00 PM
VENUE	:	College Campus
RESOURCE PERSON	:	Dr. P. Babu



OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade


Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 14/02/2020

CIRCULAR

College campus cleaning programme will be conducted on 15th February 2020 from 4:00 PM onwards. All the staff and students are directed to actively participate in this cleaning activity.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

Feed Back

Feed Back On Swachha Kalasa: Campus Cleaning Programme on 15-02-2020

Swachha kalasa

యూ కళశాలలో పూర్తి కళాకళాశాల అని అనిగ్రామ్ లో మేయూ యూ కళాశాలలో చెల్లెను నాటి అందంగా కలసి 9 వ, 10 వ పుస్తకం చేశారు. అలాగే అందరు కలసి అలాగే వెళ్ళారు. అలాగే యస్ పరిసరాలలో పరిశుభ్రంగా కంపాల, మరియం ప్రతి ఇంటికి ఒక చెట్టు నాటాల అని అలా చేశారు. యూ కళశాలలో ప్రతి సంవత్సరం 15-02-2020 నాడు యూ కళాశాలలో చెల్లెను నాటుతుంది. అందరు కలసి కౌన్సిలర్ మొదలను ప్రతి ఇంటికి అందజేస్తారు.

యూ కళాశాలలో మరియం ప్రధానోపాధ్యాయులు అందరు కలసి కౌన్సిలర్ గ్రామాలకు వెళ్ళి ఈ అనిగ్రామ్ గురించి చర్చిస్తారు. అందరు యాది పరిసరాలను శుభ్రంగా ఉంచే అలాగే మొదల నాటాల అని చెబుతుంటారు.

"మొదలను పెంచండి - మొదలను నాటండి" అని ఎవరయ్యా మేయూ అలాగే వెళ్ళి చెబుతుంటారు. ప్రతి ఒకరు చెల్లెను నాటుకు అని ఒక అక్షయం చేస్తారు.

PHOTOS



SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	BLOOD GROUPING
PROGRAM DATE	:	10-03-2020
TIME	:	11:00 AM
VENUE	:	College Campus





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Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 08/03/2020

CIRCULAR

The department of Zoology will organize blood grouping program as an extension activity in association with NSS unit of SVCR Government Degree College on 10th March 2020. The objective of the program was to check the blood group of the students to enter the details in their identity card and to create awareness about significance of blood and blood groups. Interested students are informed to contact Dr. P.Bhanu Prakash, NSS Program Officer.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To make students to know about their blood group.
2. To encourage the students to do blood grouping.

REPORT OF THE PROGRAMME:

The NSS unit in association with the Department of Zoology, SVCR GDC, Palamaner organized the Blood Group Identification Programme for the college students on 10th March 2020. The blood group of 128 students was identified through this Programme. We are maintaining the blood group database of our college students to arrange blood on the spot to the needy patients in emergency.

OUTCOMES:

1. The students learned to which group they belong.
2. The students who have done the activity learned it perfectly.

SIGNATURE OF THE STUDENTS:

**SVCR GOVT. DEGREE COLLEGE
PALAMANER**



Blood Grouping Programme

Date: 10-03-2020

S.No	Name of the Student	Signature of the Student
1	T. santhosh	T. santhosh
2	J. Jataganthi	J. Jataganthi
3	P. Sivaji	P. Sivaji
4	D. Srinivasulu	D. Srinivasulu
5	B. Graitha	B. Graitha
6	R. Bargvi	R. Bargvi
7	S. Sulfian	S. Sulfian
8	T. Harish	T. Harish
9	M. Gurusu Murthi	M. gurusu murthi
10	M. Raja shaker	M. raja shaker
11	V. Vankatesh	V. Vankatesh
12	M. Diva raja	M. Diva raja
13	K. Uday kiran	K. Uday kiran
14	P. Ashveni	P. Ashveni
15	R. Thulasi Ram	R. Thulasi Ram
16	M. kizankumar	M. kiran kumar
17	B. SUBAHINI	B. SUBAHINI
18	V. Vimal	V. Vimal

19.	K. Uday Kiran	Uday Kiran
20.	R. Tulasi Ram	Tulasi Ram
21.	B. Subhaseni	Subhaseni
22.	T. Jagapathi babu	Jagapathi babu
23.	R. Vinayaka	Vinayaka
24.	S. Sankar	Sankar
25.	R. Pavani	Pavani
26.	V. Vimal	Vimal
27.	M. Lavanya	Lavanya
28.	T. Raju	Raju
29.	S. Lava Kumar	Lava Kumar
30.	R. Gayathri	Gayathri
31.	M. Jagadesh	Jagadesh
32.	P. Sandeep	Sandeep
33.	G. Vasu	Vasu
34.	H. Saravana	Saravana
35.	S. Yusuf	Yusuf
36.	T. Munindra	Munindra
37.	M. Pavan Naik	Pavan
38.	V. Lashman Kumar	V. Lashman Kumar
39.	K. Siva Prasad	K. Siva Prasad
40.	V. Bhanu Prakash	V. Bhanu Prakash
41.	P. Chandhana	P. Chandhana
42.	M. Raju Kumar	M. Raju Kumar

FEED BACK:

Feed Back On Blood Grouping Programme
10-03-2020

The blood grouping

The blood grouping programme was celebrated in our college, for that purpose some students were checked their blood groups and then we donated blood for that occasion.

We conducted blood donation camp. The blood receivers has said that must and should have 9 points above. Nearly 50 members are gave blood. including for lectures and students.

PHOTOS



విద్యార్థులకు బ్లడ్ గ్రూపింగ్ పరీక్ష

పలమనేరు, మార్చి 10 : పట్టణంలోని ఎస్వీసీఆర్ ప్రభుత్వ డిగ్రీ కళాశాలలో విద్యార్థులకు ఎన్ఎస్ఎస్, జంతుశాస్త్ర విభాగాల ఆధ్వర్యంలో బ్లడ్ గ్రూప్ నిర్ధారణ పరీక్షలు నిర్వహించారు. ప్రతి ఒక్కరూ తమ బ్లడ్ గ్రూప్ తెలుసుకోవడం వలన చాలా ఉపయోగాలు వుంటాయని జంతుశాస్త్ర విభాగపు అధ్యాపకురాలు లక్ష్మీప్రసన్నలత తెలిపారు. కార్యక్రమంలో 128మంది విద్యార్థులకు బ్లడ్ గ్రూపులను తెలియజేశారు. వైస్ ప్రెసిసిపాల్ విజయశేఖరం, ఎన్ఎస్ఎస్ ప్రోగ్రాం ఆఫీసర్ భానుప్రకాష్, బాలాజీ పాల్గొన్నారు.

SVCR GOVT DEGREE COLLEGE PALAMANER



PROGRAM NAME	:	ONLINE QUIZ ON COVID 19 AWARENESS
PROGRAM DATE	:	02-05-2020

TIME	:	11:00 AM
VENUE	:	Online
RESOURCE PERSON	:	Dr. P. Bhanu Prakash, NSS PO





OFFICE OF THE PRINCIPAL
SVCR GOVT. DEGREE COLLEGE

Re-accredited by NAAC with 'B' Grade

Present: Dr. P. Babu, M.Sc, Ph.D



Dated: 01/05/2020

CIRCULAR

NSS is planning to organize an online quiz on COVID 19 AWARENESS on 2nd May 2020. All the students are instructed to participate in this online quiz programme. Quiz link will be sent to your Class Whatsapp groups.


PRINCIPAL
S.V.C.R. Govt. Degree College
PALAMANER - 517 408.

OBJECTIVES OF THE PROGRAMME:

1. To sensitize students on the new disease.
2. To bring awareness on the pandemic.

REPORT OF THE PROGRAMME:

P.Bhanuprakash, NSS Program Officer, SVCR GDC has organized "Online Quiz on COVID-19 Awareness" on 02-05-2020. More than 520 members participated in the online quiz and certificated were provided to all the participants. We hope the quiz brought awareness on COVID-19 and safety measures to be followed during the pandemic.

OUTCOMES:

1. The students get sensitized.
2. They learned the measures to be taken during the pandemic.

PHOTOS

